



Fun on the Playground

The first truly cold day of winter did not stop the children at Hollin Meadows Elementary School from enjoying their time on the school playground after lunch. A group of fourth graders compete in a four-square game on the blacktop.

PHOTOS BY LOUISE KRAFFT/THE GAZETTE



Jacob takes aim at the basket for a two pointer at recess on Tuesday, Jan 3.



The whistle to line up is blown and students alight from their swings to head back into school for afternoon classes.

Blind Trust

Partisan candidates in Virginia are not required to have ballot petitions certified.

BY MICHAEL LEE POPE
THE GAZETTE

As members of the General Assembly gather to meet in Richmond this month, legislators are buzzing about the exclusion of four major Republican candidates from the presidential preference ballot in Virginia on Super Tuesday. A host of potential fixes are being considered, including lowering the threshold of required ballot petition signatures or using qualification of federal matching funds as a threshold instead. Missing in that conversation is any discussion of a loophole that gives political parties power to say whether or not candidates have met the letter of the law. Unlike

independent candidates, which are required to have their ballot petitions certified by a local registrar, Republican and Democratic chairmen across Virginia are given unlimited discretion and no oversight.

“Under the law, there’s no process for certification for party candidates,” said Alexandria Registrar Tom Parkins. “There’s nothing in the law that requires the parties to do anything.”

Consider the case of Ronald Mitchell, the independent candidate who wanted to challenge incumbent state Sen. George Barker (D-39). Because he was an independent candidate, Mitchell was required to submit at least 250 ballot petitions to the Alexandria

SEE PARTISAN, PAGE 3

New Hope Housing Saves a Life

“I can actually look in a mirror and like who I see.”

BY ED SIMMONS, JR.
THE GAZETTE

These days Raymond Heflin, 31, who works at Eleanor Kennedy Shelter on Route 1, can beam with a sweet smile, particularly when he’s talking about his daughter, Brianna, age 12. But life hasn’t always been something to smile about.

His troubles began when he was a child.



PHOTO BY ED SIMMONS, JR./THE GAZETTE

“It felt good to be clean and sober,” said recovered alcoholic Raymond Heflin.

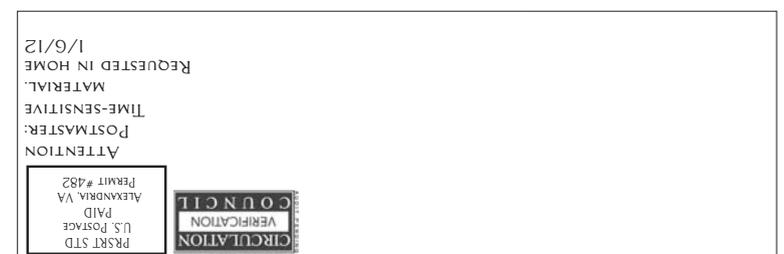
SEE NEW HOPE, PAGE 3

Police Identify Body in Belle Haven Marina

Police responded to the Belle Haven Marina, located at 6401 George Washington Parkway on Monday, Jan. 2 around 9:10 a.m. for a report of a found body. Two recreational boaters discovered the body of an adult male in the river and called police.

Police identified the body as Muhammad H. Rehman, 23, of 1204 South Washington St. in Alexandria.

Exact cause of death will be determined by the Office of the Chief Medical Examiner. The investigation continues.





~ Established 1980 ~

McENEANEY

ASSOCIATES, INC. REALTORS®



OLD TOWN ALEXANDRIA

\$1,150,000



Elements of Preservation Blended with Sophisticated Improvements

Double parlors, inviting dining room, gourmet kitchen, five fireplaces, all-brick home, two blocks from river. Three bedrooms, two and a half baths. Built-in units throughout, walk in closet, expanded kitchen and master bedroom suite. Lower level complete with workshop and extensive storage systems. Private slate and brick patio with built-in grill and brick shed. Copper roof!

Catherine Davidson
703.201.1998
www.cmdrealty.net
MLS ID# AX7736017



ALEXANDRIA

\$849,900



Just Three Blocks to the River

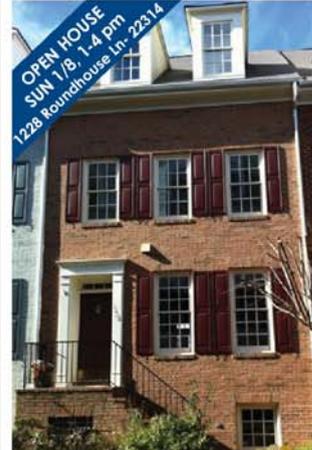
Luxurious four-level brick townhouse just three blocks to river. Three large bedrooms all with en-suite bathrooms and five walk-in closets! Gorgeous kitchen and breakfast area with access to rear deck. Separate study/den. Features galore: bay windows, hardwood floors, plantation shutters and built-in cabinets throughout. Two-car garage.

Annette Hinaman
571.216.4411
www.AnnetteHinaman.com
MLS ID# AX7734690



ALEXANDRIA

\$835,000



Award Winning OldTown Village Home

Located on a beautiful garden retreat, this very special four-level, townhome in Old Town Village is sure to surprise and delight. A bright, open floor plan, three bedrooms, three-and-a-half baths, two-car garage, expansive deck, plenty of storage and numerous upgrades, a study in sophisticated elegance.

Mary Farrell
703.969.9942
www.choosemary.com
MLS ID# AX7735519



ALEXANDRIA

\$589,000



Solid Brick Bungalow

Three bedrooms and two bathrooms on main level in the Monticello Park neighborhood. Hardwood floors throughout, freshly painted, updated kitchen and screened in porch overlooking the landscaped back yard and gardens. Just blocks to George Mason Elementary. Gorgeous, sunny lot.

Susan Leavitt
703.855.2267
www.susanleavitt.com
MLS ID# AX7742080



OLD TOWN ALEXANDRIA



PHASE 3
NOW OPEN!



900 NORTH WASHINGTON STREET

built by Lawrence N. Brandt, Inc.

ENERGY TAX CREDIT LUXURY CONDOS

Stylish Floorplans. Elegant Amenities.

1BR from \$379,900 - Tax Credit \$7200*

2BR from \$499,900 - Tax Credit \$9600*

Model Now Open
Sat/Sun 1-5 pm

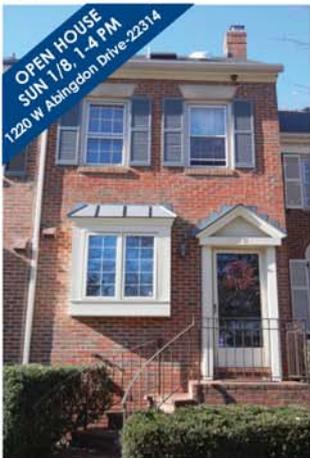
call Jennifer Halm at 703.851.2255

www.900NW.com

*consult tax advisor

OLD TOWN

\$579,000



Ready to Go!

This lovely Nethergate town house has been thoughtfully updated and is ready to its new owner. Bright and sunny with three finished levels, hardwood floors throughout, three fireplaces, a private walled garden and three full baths. All in a great location walking distance to Old Town shopping, dining and entertainment, Metro, the bike path and the handy 11Y Mount Vernon Express bus for an easy commute to downtown D.C.

Robin Arnold
703.966.5457
www.robinarnoldsells.com



OLD TOWN ALEXANDRIA

\$430,000



Resort Living on Potomac River

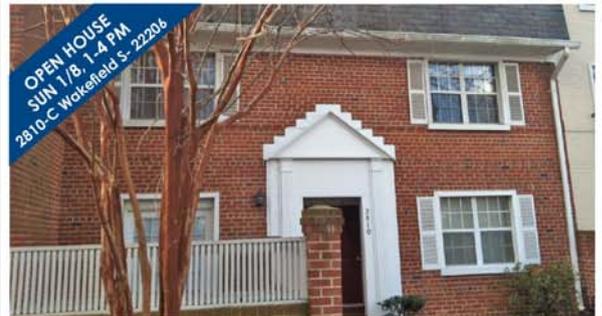
Porto Vecchio offers a comfortable lifestyle with 24-hour concierge, outdoor pool, lighted tennis court, pier and barge for grilling, gym, community rooms for parties and movie night, limo service to METRO and garage parking. This two bedroom, two bath home has fireplace, closets galore and glass enclosed balcony with sunset views of Masonic Temple.

Susan Craft
703.216.4501
www.susancraft.com
MLS ID # AX7746245



ARLINGTON

\$289,000



Two Level Townhouse

Be the first to see this townhouse in "The Arlington". Two bedrooms with a balcony over-looking tennis and pool. Updated bath and windows. Living room with cozy wood burning fireplace. Easy parking. Priced to sell.

Sally Harper
703.517.2849
www.sallyzharper.com



703.549.9292

109 South Pitt Street
Alexandria, VA 22314

www.McEneaney.com

LEADING
REAL ESTATE
COMPANIES
of THE WORLD

LUXURY
PORTFOLIO
INTERNATIONAL



GEORGE MASON
MORTGAGE LL
A Subsidiary of Cardinal Bank

New Hope Housing Saves a Life

FROM PAGE 1

"Prob'ly when I was maybe 7 or 8 my folks had got evicted from our house, and we ended up in Monloch House," a local shelter run by New Hope Housing.

"I was pretty much homeless as a kid," said Heflin. "I was livin' in a car or a homeless shelter, mainly Monloch House. We did that a couple times. We didn't find a permanent place until I was 10 years old."

He dropped out of high school in the 11th grade to help support his family "cause my father got real sick from kidney problems because of his alcoholism." His own drinking up until that point had been only occasional. He was working for a cleaning service, then Labor Ready and Mount Vernon Nursing Home.

Then came his father's brain hemorrhage and death after six months in a coma. "I pretty much went into shock," and his drinking raged with a vengeance. By age 27, "I was pretty much homeless on the streets."

Then in 2008 came a suicide attempt, followed by "a stint in the Mount Vernon hospital on the psych ward." At discharge, a nurse gave him the telephone number to the hypothermia shelter run by New Hope Housing at Rising Hope Mission off of Route 1 called VIC-HOP (Ventures in Community

Hypothermia Outreach Program).

After a few weeks he was jailed on a pending grand larceny charge and incarcerated a month. Released, he returned to spending winter nights at VIC-HOP.

When VIC-HOP closed for the season, he was accepted at Eleanor Kennedy Shelter, also run by New Hope Housing, only to be suspended for drinking and coming in past curfew. Again he was back on the streets.

Winter of 2009 he was again spending nights in the hypothermia shelter at Rising Hope Mission. Then things took a good turn. Returning to Kennedy Shelter, he told counselors he wanted to quit drinking and earn his GED. A counselor got him into the Chantilly Alcohol and Drug Treatment Center where he was treated for four or five months.

"It felt good to be clean and sober — I got to the point where I didn't want to follow my parent's life."

From there he returned to Kennedy Shelter, staying until a bed was available in supported housing called New Beginnings before moving to a shared apartment in the Steps to Recovery program in Falls Church.

But the felonies kept him jobless. He continued to volunteer, as required. Finally, Giant food store, which was hiring out of Steps to Recovery, gave him a chance. He

became a deli clerk, and was eventually entered into management training. In his free time, he returned to Rising Hope to volunteer at VIC-HOP helping to serve food, roll out mats and give out sleeping bags.

At a VIC-HOP cookout he spoke with New Hope directors Pam Michell and Tonya Golden, telling them he'd like to work for New Hope. "I enjoy helping people, and all that stuff," he said. Send in a resume, they told him.

The interview went well. As Heflin recalled, his voice brightening, "They gave me a job."

And so he became a "resident specialist" at both the Eleanor Kennedy Shelter and at Friends of Falls Church hypothermia shelter, helping care for the clients and making sure rules are followed.

He moved into his own place in September, and was no longer in supported housing.

"I can actually look in the mirror and like who I see because for a time I couldn't look at myself and stand what I saw. Now I can actually look into the mirror and be proud of myself."

He attends three AA meetings a week and is thinking about studying cooking. Or he might stay on with New Hope Housing becoming an alcohol and drug addiction coun-



At Rising Hope Mission, Raymond shows off the corner where he slept on the floor.

selor and one day managing a shelter. For others ravaged by addiction and homelessness, he has these words: "You can do it. There's hope out there. Bein' homeless isn't the end. If I can do it, pretty much anybody can do it, because I had no hope. It'll work if you do what people ask you to do."

"If one person can hear my story and it changes them, I'll feel like I've accomplished a lot."

Partisan Candidates Not Required To Have Petitions Certified

FROM PAGE 1

registrar. As the registrar was examining the ballot petitions, he noticed what he called "irregularities." So he referred the case to Commonwealth's Attorney Randy Sengel, who brought charges against Mitchell for submitting valid names and addresses with forged signatures.

"He pleaded guilty with the agreement that we limit the case to one charge," said chief deputy commonwealth's attorney Krista Boucher. "He's scheduled for sentencing next month."

On the other hand, consider what happened to Republican candidate Tim McGhee, who was running in the open seat created by the retirement of state Sen. Patsy Ticer (D-30). In an interview this week, McGhee acknowledged that several of his ballot petitions were collected without addresses — meaning that they would not have met the standard that a registrar would apply if he were an independent candidate. But nothing in the law requires that the chairman of the 30th state Senate Republican committee certify those ballot petitions.

"We tried to file a formal complaint," said Mercer. "As it turns out, there is no way to challenge it. We're supposed to just trust whatever the party says."

LATE LAST MONTH, national attention turned to Virginia when the Republican Party of Virginia announced that former Massachusetts Gov. Mitt Romney and Texas U.S. Rep. Ron Paul were the only candidates that met Virginia's ballot access laws, which require 10,000 ballot petitions to appear on

a statewide ballot. Because Virginia law gives so much discretion to parties, Romney was able to avoid scrutiny that was applied to other campaigns. Party rules dictate that no review should be made of ballot petitions if more than 15,000 are submitted, which was the case with Romey's submission.

"Much of election law is reactive," said Del. Bob Brink (D-48). "You have a situation where something happens, and the General Assembly takes action by creating some kind of legislation to solve it."

Although Virginia Attorney General Ken Cuccinelli initially called for emergency legislation that would have retroactively changed the requirements for candidates to appear on a statewide ballot, he later backed down after experiencing criticism from inside his own party. Late Sunday, the attorney general issued a statement that indicated he would still be interested in pursuing some kind of reform. But changing the rules of the game during the election, he said, is probably not the best course of action.

"I do not change my position on issue of public policy often or lightly," Cuccinelli said in a written statement. "But when convinced that my position is wrong, I think it necessary to concede as much and adjust accordingly."

ONE POTENTIAL CHANGE that would level the playing field would be to require the same process for partisan candidates that is already required of independent candidates. Although registrars in Arlington

and Alexandria offer verification as a courtesy, fewer than half of the candidates take advantage of the service. Fairfax County doesn't offer the service at all, except for when it's required by law for candidates that are not Republicans or Democrats. That's a disparity that some say should be addressed.

"It seems to me that we should all be playing by the same rules," said Del. David Albo (R-42), "Independent candidates shouldn't be subject to more scrutiny than Republicans and Democrats. That's just not right."

Albo and Brink both said they would support legislation that would require partisan

candidates to meet the same standard as independent candidates, although neither said they would be introducing that kind of legislation this term. Until then, parties will be responsible for flagging irregulars with their own candidates rather than nonpartisan registrars. And the Virginia State Board of elections will maintain blind trust in whatever the party chairmen tell them.

"We have no policing authority over the parties," said Justin Riemer, deputy secretary with the Virginia State Board of Elections. "The law trusts that the political parties will do the right thing."



Auxiliary Officers Barbara Doyle, CEO IMVH, presented the 2012 officers for the Inova Mount Vernon Hospital Auxiliary on Dec. 9 at the Mount Vernon Country Club. From left: Doyle, Betty Embrey (historian), Sharon Wells (treasurer), Patricia Bradley (corresponding secretary), Elsie Plues (recording secretary), Joan Jones (vice president) and George Souza (president).

PHOTO BY FRED DIERKSMELER

NEWS

'Overflowing Abundance Of Love'

Donations pour in for Christmas baskets at Rising Hope.

By ED SIMMONS, JR.
THE GAZETTE

The turkeys ranneth over.

An article in the Dec. 15 Mount Vernon Gazette alerted readers that Rising Hope Mission was in dire need of Christmas turkeys for families in need along the Route 1 corridor, and the community responded with speed and generosity.

Once it became known that the mission had only 70 turkeys for



PHOTO BY ED SIMMONS, JR./THE GAZETTE

At Rising Hope's full freezer, Samantha Jacobs (center) gets a Christmas turkey. With her are Mary Hamilton, Debra Brothman, Linda Surridge and the Rev. Kerry Kincannon.

SEE DONATIONS, PAGE 5

Mount Vernon's Favorite Pet Supply Store.

Whether you are looking for dry, canned, raw or freeze dried, we have the right food for your pet. We also carry a full line of nourishing supplements and health aids for animals of all varieties. And we offer truly unique treats, toys and grooming supplies for your beloved pet, too.

Come in and say hello and stay for a chat about YOUR pet's needs.

Visit www.profeedpet.com today for more information.

Huge Savings on Nature's Variety Products!

Save on Prairie or Instinct Kibble!

\$3 OFF A SMALL BAG
\$5 OFF A MEDIUM BAG
\$10 OFF A LARGE BAG

Not valid with any other offer. Expires 1/31/2012

ASK THE JOINT REPLACEMENT EXPERTS

Living with the pain of arthritis can be exhausting. Surgical joint replacement can be a solution. That's when the commitment and experience of doctors like **William Hamilton, Nitin Goyal** and **Kevin Fricka** can make a life-changing difference.

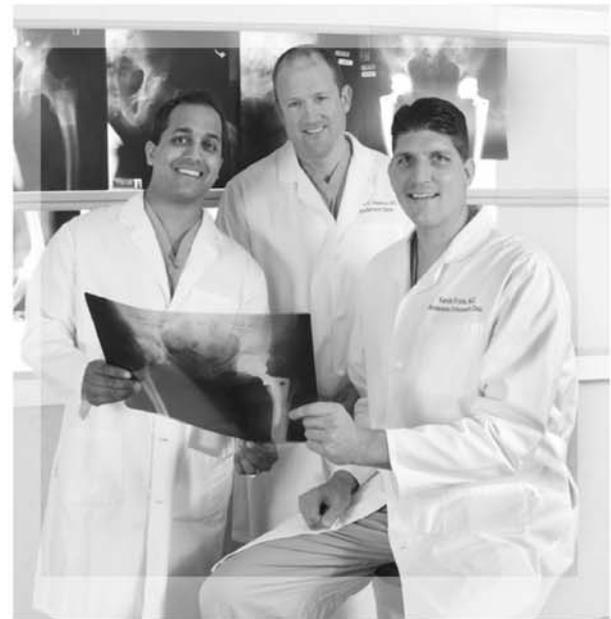
Doctors from the Inova Joint Replacement Center (IJRC), a Center of Excellence for joint replacement, will hold a FREE community class in your area to discuss osteoarthritis, advances in hip replacement surgery including anterior hip replacement and minimally invasive techniques, knee replacement options such as mini-incision knee replacement, gender knee, partial knee replacement and customized patient specific instruments. IJRC is the largest joint replacement center in the metro-Washington DC area. Physicians practicing at the Center perform over 2,000 joint replacements annually. Patients from 31 countries and all 50 states have been provided joint replacements at IJRC. A true Center of Excellence for joint replacement.

Thanks to new techniques and medical advances, thousands of people are returning to the active lifestyle they deserve. This is your chance to join them.

FREE Community Seminar on Osteoarthritis and Joint Replacement Advances
Wednesday, January 18, 2012 at 2:00 p.m.
Inova Mount Vernon Hospital
2501 Parker's Lane
Alexandria, VA 22306



The Inova Joint Replacement Center has earned a Gold Seal of Approval™ by The Joint Commission for outstanding care in hip and knee replacement.



The seminar is FREE but you must register by calling 1-855-My-Inova (694-6682) or by visiting our Website at inova.org/asktheexpert



Inova Health System is a not-for-profit healthcare system.

Donations

FROM PAGE 4

325 families, donors wasted no time coming forth to give turkeys, roasting chickens and donations in time for distribution Dec. 21 and 22, providing Christmas dinner for about 1,400 people.

"We were inundated with turkeys," said the mission's business manager Sharon Emory. "It was a miracle, an absolute miracle."

"The community responded with an overflowing abundance of love," said Rising Hope pastor Rev. Kerry Kincannon.

The walk-in freezer in the mission's downstairs "Milk and Honey Food Pantry" overflowed. "We had so many turkeys in there I couldn't close the door," said volunteer DWayne Sands.

Even for those families that hadn't signed up in time to get on the list, there was plenty.

"The response was fabulous, just overwhelming," said pantry director Linda Surridge. Donations overflowed the pantry and were stacked up in her office. Once the walk-in freezer was full, turkeys and chickens were stacked in the walk-in refrigerator.

BULLETIN BOARD

To have a notice listed, e-mail gazette@connectionnewspapers.com. Call Steve Hibbard at 703-778-9412 with questions.

SATURDAY/JAN. 14

Town Meeting. 10 a.m., Del. Scott Surovell will host a Town Hall Meeting with state Sen. Toddy Puller and state Sen. Adam Ebbin at the Mt. Vernon Government Center, 2511 Parkers Lane, Alexandria, VA 22306 to get input and answer questions.

SATURDAY/JAN. 21

Mental Health First Response. 9 a.m. to noon. The Fairfax-Falls Church Community Services Board invites you to a free community forum: "Mental Health First Response — How to tell if someone needs help and what you can do," at the Emmanuel Baptist Church on Buckman Road, just off Route One, in the South County area of Fairfax County. Contact Ann Bahr at 703-324-7010, TTY 711, or by email at ann.bahr@fairfaxcounty.gov

ONGOING

UCM's food pantry depends on community donations. Canned meat and fish are needed, as well as canned soups, fruits and vegetables. Help by dropping off food donations at UCM's main office, 7511 Fordson Road, Alexandria. UCM's food pantry accepts food donations Monday – Friday, from 9 am to 5:30 p.m. and the first Sunday of the month from 9:30 am to 1 p.m.

UCM's Back Porch Thrift Store is in need of donations of furniture. UCM will pick up furniture, as well as other larger donations, or they can be dropped off at the back of the store Monday through Saturday, from 10 a.m. to 5 p.m. To arrange for pickups, call 703-768-7106, ext. 320. Located at the Mt. Vernon Crossroads Shopping Center at 7838 Richmond Highway, Alexandria.



PHOTO BY ED SIMMONS, JR./THE GAZETTE

Volunteer DWayne Sands shows off Rising Hope's walk-in freezer filled with turkeys and roasting chickens.

"My shelves are now full. Food was coming in at every door at every time of day and night," said Surridge. "We'll have enough to feed people in January. Every time we turned around there were tur-

keys." Said Kincannon, "This indeed is a very special community that we live in because of how people are so willing to help those that are in need."

Pat Troy's Tour of Ireland

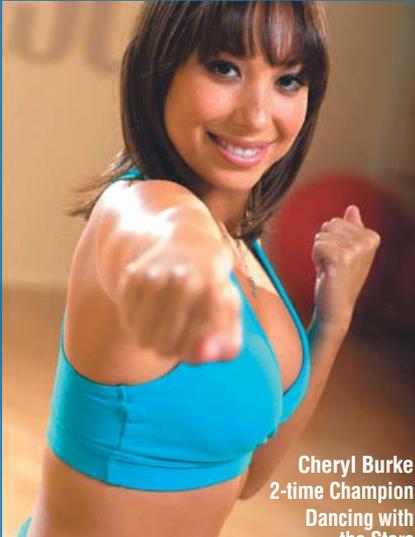


MARCH 21ST TO 28TH 2012

Join Pat on his book launch for an exciting trip throughout Ireland. \$1899 per person sharing - tour includes r/t air from Philadelphia to Dublin, 6 nights hotel w/full Irish breakfast daily, 2 evening meals, fully escorted tour via deluxe motor coach, coach transfers from Alexandria to Philadelphia Airport.

Limited availability - book by January 10th to guarantee your spot!!!

Contact Caddie Tours at 703-938-1300 or niall@caddietoursonline.com
WWW.CADDIETOURSONLINE.COM



SUPER SEMI-ANNUAL Sale

3 DAYS ONLY!
JANUARY 7-9

Start for \$0

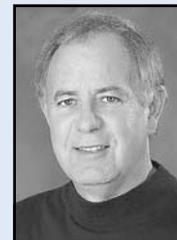
plus get 5 friend passes
Offer valid with 12-month registration.
Other restrictions apply.

Mt. Vernon/Alexandria
703-765-0142
mlabruno2000@yahoo.com

Old Town/Alexandria
703-786-6583
jazrmom1@aol.com

To learn more, visit:
jazzercise.com/supersale
jazzercise.com • (800) FIT-IS-IT

jazzercise.



Rex Reiley
RE/MAX Allegiance
703-768-7730
rex.reiley@rmxtalk.com



Alex/Wilton Woods \$635,000
6006 Beech Tree Drive
 Stunning 3BR, 2BA brick rambler with gorgeous gardens/landscaping in sought after Wilton Woods. Detached brick garage. This home is spectacular with beautiful upgrades, attention to detail, and elegant design. Offering over 2200 square feet of one level living, it is both classy and charming. Extensive built-in storage systems. Hardwood floors throughout. Three fireplaces. Living Room with vaulted ceiling. Luxurious master bedroom suite with private patio. Fabulous home for entertaining, with gardens that inspire - it is a must see!



Alex./Berkshire East \$362,900
5845 Berkshire Court
 Lovely 3 BR/2.5 BA Town House – Replacement DBL pane windows, neutral beige wall-to-wall carpet on main & upper levels plus a huge family rm on lower level w/walkout to a beautiful patio & landscaped, fenced backyard. Walk to Huntington Metro, minutes to I-495, 5 minutes to Old Town, 15 minutes to Ft. Belvoir (S) & National Airport (N).



Alex./Riverside Estates \$409,900
8507 Wagon Wheel Road
 Lovely, updated, 5 BR/3 BA Split, walking distance to elementary & high schools. Double pane windows, freshly painted interior, & beautifully refinished hwd floors on main level. Lower lvl offers 2 spacious bedrooms, full bath, family rm w/fpl, large utility/workshop & walkout to a lovely screened porch. Great location. 5 mins to Ft. Belvoir, 25 to National Airport.



Alex./Sulgrave Manor \$369,900
4213 Adrienne Drive
 Lovely 3BR + Den, 2.5BA Split level on a huge beautiful .71 acre lot in popular Mt. Vernon community of Sulgrave. Vaulted ceilings on main lvl, hwd floors on main & upper lvls. Potential for a short sale & 3rd party approval. Only one trust. Selling As Is but house is in good shape. Purchasers welcome to do a home inspection. 5 mins to Ft. Belvoir, 15 to Ntl Airport, 25/30 to Pentagon/D.C. Great Opportunity! U/C, taking backups!



Alex./River Towers \$1,350
6641 Wakefield Dr., #405
 Beautifully updated and immaculate 1 BR in popular River Towers in a fabulous location right off of the GW Parkway and Potomac River. Remodeled bath, and remodeled kitchen with granite and SS, freshly painted. Lovely wood floors, 2 walk-in closets. Bus stop out front, shopping across the street, 5 minutes to Old Town. A great Deal!



Alex./Westgate \$594,900
9010 Volunteer Drive
 A fresh look for this beautiful traditional colonial w/2-car side garage. Freshly painted exterior & interior w/extensive new landscaping on a .5 acre lot. Stunning sun room addition. Hardwood floors on main & upper levels. Gas FPL in family room, wood FPLs in living room & basement. Lovely kitchen w/corian counters, large unfinished basement w/rear entrance. 5 mins to Ft. Belvoir.



Alex./Mt. Vernon \$574,950
3703 Maryland Street
 Spectacular, updated 4 BR/2.5+.5 BA Colonial w/circular driveway + dbl carport. Huge 25x13 remodeled kit: granite, maple, SS, center isle & gas fpl. Family room off kit also w/gas fpl, views & access to 2-tiered deck w/gazebo & hot tub w/fenced, private backyard. Updated baths & windows. LL w/rec rm, half bath & huge utility/storage rm. Over 130K in upgrades & renovations. 5 mins to Ft. Belvoir.

For more information:
www.RexReiley.com



Each Office Independently Owned and Operated



River Towers Condos for Sale [Just South of Old Town]

Resort-like living on 26 acres! Landscaped gardens, pool with cabana, tennis courts, picnic grove, garden plots, etc. Enjoy Mt. Vernon trail, shopping nearby, commuter bus to METRO & ample parking! Condo fee includes all utilities.

Fabulous views from this top-floor two bedroom condo nestled in the trees: Large living room flooded with light, gleaming hardwood floors & great closet space. **You'll love it at \$224,900.**

6641 Wakefield Dr., Unit 913 Open Sunday 3 to 5

Charm abounds in this unique condo with private awning-covered patio, spacious living room, well-equipped kitchen, large master bedroom, second bedroom/den with built-ins, 1½ baths, closets galore. Make it yours! **Now at \$224,000.**

6621 Wakefield Dr., Unit 109 – Open Sunday 1 to 3



Team Maison 703-310-7880

Keller Williams Realty • Alex./Kingstowne
6354 Walker Lane, Suite 100
Alexandria, VA 22310

KELLER WILLIAMS
REALTY



For a free digital subscription to one or all of the 15 Connection Newspapers, go to www.ConnectionNewspapers.com and click on:



Free Digital Subscriptions

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

Mount Vernon Gazette

OBITUARY

James Frederick Flint

James "Jim" Frederick Flint, 68, 5th generation Washingtonian, Army officer and transportation lawyer died at his home in Alexandria on Dec. 29, 2011 from complications associated with Amyotrophic Lateral Sclerosis (ALS).

Born in Washington, D.C. on March 16, 1943, he spent his childhood years in Washington, Wellesley, Mass., Chicago, Ill. and St. Louis, Mo.

After graduating from the University of Notre Dame, Jim earned a master's degree in history from Harvard and joined the US Army in 1967. As a member of the Old Guard, stationed at Fort Myer, he participated in the official ceremonies for the Eisenhower State Funeral and Richard Nixon's 1st Inauguration. During 1969-70, he served as a 1st Lieutenant and infantry platoon leader in Vietnam as a member of the 198th Light Infantry Brigade, stationed in Chu Lai and Danang. During his tour, he received a Purple Heart, two Bronze Stars, and an Army Commendation Medal.

On leaving the Army in 1970, he settled in the Rosemont section of Alexandria, not far from his parents Einar and Adele Flint, longtime residents of Belle Haven. He received a Juris Doctorate from Georgetown University Law School and practiced transportation law in Washington for the next 30 years. He served as president of the Transportation Lawyers Association (TLA) and received a lifetime

achievement award from the organization.

Jim is survived by his wife of 42 years, Bridget Fahy, his sons Ned, Thomas and Ryan and four grandchildren.

A Memorial Mass will be held at St. Mary's Church, 310 S. Royal St., Alexandria, on Thursday, Jan. 12 at 10 a.m. Burial at Arlington National Cemetery at a later date. In lieu of flowers, donations may be made to Alexandria Crew Boosters, P.O. Box 3902, Alexandria VA 22302.

Robert Donnelly Martini II

Unexpectedly on Dec. 14, 2011, Robert "Donnie" Donnelly Martini II died peacefully in his sleep. Born Nov. 17, 1954, he is preceded in death by his mother, Bertha Hall Martini and sister Lisa Marie. Those left to cherish his memory include his father, Robert D. Martini Sr., his much loved younger brother Thomas "Tommy" A. Martini and family of Alexandria, sister Linda Martini and family of Arrington, Va. and his Serenity Club family.

A graveside service was held on Monday, Dec. 19, 2011 at Mount Comfort Cemetery. Donnie's family wishes to thank the Serenity Club for the love, support, and friendship he shared with each and everyone. His life was greatly enriched by his association with his recovery family.

Those wishing to remember Donnie may make a donation to The Serenity Club of Alexandria.

BUSINESS NOTES

Orthopedic surgeons at the Inova Joint Replacement Center at Inova Mount Vernon Hospital provided free hip and/or knee replacements on Dec. 3 to 10 patients from the Fairfax/Alex-

andria communities as part of Operation Walk USA 2011. All aspects of treatment – surgery, hospitalization, and pre-and post-operative care – were provided at no cost to the patients. Operation Walk

USA 2011 is a collaborative effort between three orthopaedic organizations: The Hip Society, The Knee Society, and the American Association of Hip and Knee Surgeons and 23 hospitals.

Winter brings us indoors...



Are you ready for a fresh look in your home? Call us!

703-684-7702

Tech Painting Co.

Major credit cards accepted.



www.techpainting.com



A legacy of caring

Serving generations of area families for over 50 years.



At the Hermitage, you'll discover a *true community*.

Attentive, individualized services are delivered with courtesy and kindness.

Relieved of home maintenance chores, residents are free to do as they please.

Best of all, **residents and their families gain peace of mind**, knowing that healthcare and supportive services are available within the community, if needed.

For more information or to arrange a tour, call 703-797-3815.

HERMITAGE

Senior Living in the Heart of Northern Virginia

www.Hermitage-Nova.com

5000 Fairbanks Avenue, Alexandria, VA 22311

703-797-3815
Fax: 703-820-1816



Virginia United Methodist Homes, Inc.

Keeping New Year's Resolutions

A detailed plan could make all the difference, experts say.

BY MARILYN CAMPBELL
THE CONNECTION

A recent poll by the Marist Institute for Public Opinion shows that increasing exercise, losing weight, quitting smoking and improving one's financial situation are among the most common New Year's resolutions, but more than 60 percent of people who make these promises fail to keep them. Mental health experts say impractical or undefined targets are among the top causes of resolutions without staying power. "People set unrealistic and unattainable goals, get demoralized and give up," said Thomas N. Wise, M.D., director of behavioral services at Inova Health Systems and chairman, Department of Psychiatry at Inova Fairfax Hospital in Falls Church. Wise has studied addiction, habit change and obesity.

"Often, the bar is set way too high. You didn't become overweight overnight, so you're not going to lose the weight overnight," said Lisa Calusic, M.D., a psychiatrist at Inova Mount Vernon Hospital and Inova Behavioral Health Services in Alexandria.

A lack of specificity can derail ambitions. "People set abstract goals. [They say] 'I want to be healthier. I want to be thinner. I want to work out more.' But they don't have implementation plans," said Todd Kashdan, Ph.D., professor of psychology at George Mason University.

DONNA GRAMM practices Pilates regularly as part of her effort to stay in shape.

"I've been working out since college. It makes me feel good," said Gramm, a Potomac resident.

This month, however, she has more company in the exercise room. Each January, people who've resolved to get in shape or lose weight flock to gyms and health clubs. Gramm is not worried about the influx of fitness aspirants. She knows most will soon be gone. Her instructor, Reina Offutt Pratt, owner of Potomac Pilates, agrees.

"In January we see the largest spike [in class attendance], but a lot of the people we see come in January don't come back in February," said Offutt Pratt. "The

gung-ho nature of their New Year's resolution starts to dissipate."

So what are the secrets to making New Year's resolutions a permanent lifestyle change?

"Set small, realistic and concrete steps towards making or improving a behavior," said Maria Londono, of Chantilly, a mental health therapist with Molina Healthcare, Fairfax County Health Care Network in Alexandria, Reston and Falls Church. "For example, lose weight by eating a healthy breakfast in the morning and exercising three times a week. [Begin] with 15-minute routines and increase to 30 minutes when [your] body is more used to exercise."

Be specific. "We have to have very clear behavioral plans for how we're going to implement [our goals]," said Kashdan who has studied and written about behavioral changes for the journal *Clinical Psychology Review*. "If you

say you want to be more fit in the upcoming year, what exactly are you going to do in the course of a week?"

A SCHEDULE is also important. "Keeping track of what you want to change is the essence of following through," said Wise, who lives in McLean. "It is very easy to say, 'I'm not going [to the gym] today.' Before you know it, it's been two weeks since you've exercised. Having a regular schedule where you rarely miss it is the way to keep up with any kind of behavior modification."

Develop a support network. "Choose friends who respect the fact that you want to change. Choose people who look like what you want to become," said Kashdan who lives in Centreville.

Find ways to make behavioral changes enjoyable. "We encourage clients to exercise with friends," said Offutt Pratt. "Make it about friendship and socializing."

Create a plan that fits one's lifestyle. "Find something that is convenient and that you can do on a regular basis," said Wise. "If you

work long hours, a complicated workout probably makes no sense, but jogging around [your neighborhood] might make sense."

Set up reminders and measure progress regularly. "Post notes for yourself," said Wise. "Let's say there is an outfit you want to fit into. Don't put it in the closet behind your other clothes. You put it in front to remind you."

Set short-term goals. "I encourage clients to set weekly goals rather than monthly or yearly goals and make themselves accountable on a weekly basis," said Offutt Pratt. "For example, 'I'm going to attend two classes on a weekly basis rather than saying, 'I'm going to attend 10 classes next month.'"

Shifts such as spending less money, decreasing debt, giving up smoking or limiting alcohol intake require the admission of a problem. "You can't change what you don't acknowledge," said Calusic, who lives in Arlington. "Unless someone decides for themselves that they have an addiction or habit that they want to change, it is not going to happen. Other



PHOTO CONTRIBUTED

Lisa Calusic, M.D., of Arlington, a psychiatrist at Inova Mount Vernon Hospital and Inova Behavioral Health Services in Alexandria, says that behavior changes require the admission of a problem.

people wanting them to change doesn't work."

Find substitutions for unhealthy habits. "If someone is used to drinking every day, there is a reason why," said Calusic. "Alcohol is providing a crutch. You can't take it away unless you have something to replace it with [like] a hobby [such as] art, tennis or anything that can distract from the negative habit that they are trying to break."

Visit These Houses of Worship Join A Club, Make New Friends, or Expand Your Horizons...

Christ the Saviour Anglican Church

"To Love & Serve the Lord with Gladness & Singleness of Heart"

Location - Washington Mill E.S.
9100 Cherrytree Drive

Worship Service - 10 a.m.
Inter-generational Sunday School - after service

www.christthesaviouranglican.org
703-953-2854

Good Shepherd Catholic Church

Mass Schedule

Saturday Evening
5:00 pm; 6:30 pm (en Español)

Sunday
7:30; 9:00; 10:30 am; 12:00 Noon
2:00 pm (en Español)
6:30 pm Mass (Starts Sept. 11)

Weekdays
(Mass or Communion Service) 9:00 am (followed by Rosary)

Children's Liturgy of the Word
Sundays (Sept.-July) during 9:00 am Mass (English)

Sign Language Interpreter
Sunday at 9:00 am Mass

8710 Mount Vernon Highway, Alexandria VA, 22309
Tel: 703-780-4055 Fax: 703-360-5385 www.gs-cc.org
Loving as Christ loves, serving as Christ serves

- UNITED CHURCH OF CHRIST**
HOPE UNITED CHURCH OF CHRIST...703-960-8772
- CHURCHES—AFRICAN METHODIST EPISCOPAL ZION**
ALLEYNE AME ZION CHURCH...703-548-3888
- CHURCHES—ANGLICAN**
CHRIST THE SAVIOUR...703-953-2854
ST. ANDREW & ST. MARGARET OF SCOTLAND...703-683-3343
CHRIST THE KING ANGLICAN CHURCH...703-535-6815
- CHURCHES—APOSTOLIC**
LOVE OF CHRIST CHURCH...703-518-4404
- CHURCHES—BAPTIST**
ALFRED STREET BAPTIST CHURCH...703-683-2222
COMMONWEALTH BAPTIST CHURCH...703-548-8000
CONVERGENCE CREATIVE COMMUNITY OF FAITH...703-998-6260
DEL RAY BAPTIST CHURCH...703-549-8116
DOWNTOWN BAPTIST CHURCH...703-549-5544
FIRST AGAPE BAPTIST COMMUNITY OF FAITH...703-519-9100
FIRST BAPTIST CHURCH OF ALEXANDRIA...703-684-3720
PROVIDENCE ST. JOHN BAPTIST CHURCH...703-683-2565
SHILOH BAPTIST...703-683-4573

St. James' Episcopal Church

8 AM - Holy Eucharist - no music
All Education programs - 9:00 AM
10:15 AM - Holy Eucharist - music

5614 Old Mill Road, Mt. Vernon, Virginia
Just outside Ft. Belvoir's Walker Gate

Bearing true faith and allegiance - Blessings to all who serve
Office: 703-780-3081 • www.StJamesMV.org

Worship At Bethany Lutheran Church
2501 Beacon Hill Road, Alexandria, Virginia 22306

Services
8:30 am Worship Service
9:45 am Sunday School for children, Bible classes for youth and adults
11:00 am Worship Service
12:00 noon African-style Worship

Sunday, January 8, 2012 3:00pm
Service of Ordination and Installation of
Joseph B. Davis
As Our Special Mission Pastor
Please join us

More info (703) 765-8255 or www.bethany-lcms.org

To Advertise Your Faith Community, call Karen at 703-917-6468

OPINION

Resolved: Pick One Way To Get Involved

Find a way to make a difference.

New Year's resolutions? Go ahead, let's pledge to lose weight, exercise regularly, spend less, recycle, save and read more. The turn of the calendar really does provide an impetus to make small and large changes in the way we live.

One item to add to the list of resolutions is to get involved locally. Volunteer one time for one day, or give a few hours a week to something that interests you. Pick one place where you can make a difference. The experience will enrich you (and your family) as well, connecting you to the community in new ways. Making time for even a single volunteer effort communicates an invaluable message about your values to your children in a powerful way that words cannot match.

Most local nonprofits and church groups that provide emergency food and services for families in need are overwhelmed right now by the dramatic increase in demand for food, emergency help with rent to prevent homelessness and much more. See sidebar for some suggestions.

Volunteer Fairfax connects volunteers of all kinds to organizations in need of help, providing flexible weekend and evening opportunities including packing emergency food kits for families in crisis, tutoring adults in alternative learning programs, reading to elementary school children after school, socializing with seniors or planting trees to prevent erosion. Volunteer Fairfax will hold its annual Give Together: A Family Volunteer Day on Monday, Jan. 16, Martin Luther King Jr. Day, with focused events at the Herndon Senior Center, the Gum Springs Community Center, and at George Mason University. See www.volunteerfairfax.org.

The Arlington County Volunteer Office promotes civic engagement and active volunteer participation, coordinating volunteer opportunities from hundreds of non-profit and government agencies. Visit www.co.arlington.va.us and type "volunteer" into the search box.

The Alexandria Volunteer Bureau recruits and coordinates volunteers and matches their interests, skills and availability with the needs of service-providing nonprofit organizations

and public agencies. Visit www.volunteerallexandria.org.

The Literacy Council Northern Virginia is in need of volunteers who will devote several hours a week to helping adults master reading and writing skills; visit www.lcnv.org.

A Court Appointed Special Advocate (CASA) volunteer is a trained citizen who is appointed by a judge to represent the best interests of a child in court. CASA volunteers help children who will have their home placement determined in juvenile court. See www.casafairfax.org.

EDITORIAL

The Alexandria/Arlington Court Appointed Special Advocate (CASA) Program has helped hundreds of children have a voice within the court system. See <http://www.scanva.org/casa.htm>

Some other suggestions:

Get involved in state and national political campaigns. If the coming campaign season is anything like four years ago, presidential can-

didates will be crisscrossing Northern Virginia on a weekly basis soon. George Allen and Tim Kaine will be engaged in a very lively contest for Senate. Our U.S. representatives are also up for reelection. Volunteer for a candidate, with the League of Women Voters or with your local electoral board.

The public school or library closest to your house is also in need of volunteers. Homeowners associations need activists to learn about a variety of local issues and coordinate neighborhood response. Your church or house of worship could use a hand. In addition to their usual work, animal shelters and animal rescue groups are also over extended with families giving up pets due to the economy. Environmental groups like Audubon Naturalist Society and the Nature Conservancy offer many kinds of volunteer opportunities, as do local parks.

— MARY KIMM,

MKIMM@CONNECTIONNEWSPAPERS.COM

Where To Help

- ❖ Volunteer Fairfax, www.volunteerfairfax.org
- ❖ Our Daily Bread has been serving needy families in Fairfax County for 25 years. www.odbfairfax.com.
- ❖ Food for Others provides free food directly to people in need in Northern Virginia. The non-profit provides a safety net for people who suddenly face unforeseen emergencies such as a family illness or the loss of a job or a spouse. 2938 Prosperity Ave., Fairfax, VA 22031, 703-207-9173. www.foodforothers.com
- ❖ Ecumenical Community Helping Others (ECHO), 703-569-9160. Open to receive donations at 7205 Old Keene Mill Road, Springfield. www.echo-inc.org.
- ❖ Lorton Community Action Center operates the Act II Thrift Shop at 9506 Richmond Highway, Lorton. Sales from the shop generate funds for LCAC and clients also shop there. While donations are welcome during store hours, visitors are asked to call first at 703-339-8611 before dropping off. www.lortonaction.org.
- ❖ Comfort for America's Uniformed Services (CAUSE) ensures that recuperating service members have opportunities for recreation and social interaction and receive concrete signs of appreciation for all that they have done. 4114 Legato Road Suite B, Fairfax, VA 22033, 703-591-4968, cause-usa.org
- ❖ National Capital Food Bank, 6833 Hill Park Drive, Lorton, serving all of Northern Virginia, 703-541-3063. www.capitalareafoodbank.org
- ❖ Western Fairfax Christian Ministries — food pantry at 13981 Metrotech Drive in Chantilly (near Backyard Grill and Bar). For more information or to sponsor a family, call 703-988-9656, ext. 105. To mail gift cards or send donations by check, add a note saying "food basket program" and send them to: WFCM, P.O. Box 220802, Chantilly, VA 20153. 703-988-9656.
- ❖ The Jeanie Schmidt Free Clinic, 13525 Dulles Technology Drive, Herndon, VA 20171, 571-235-3577. Last year, 139 community volunteers — nurses, nurse practitioners, and physicians — gave more than 1,300 hours of their time to see patients. jsfreeclinic.org.
- ❖ Habitat for Humanity of Northern Virginia, 703-521-9890
- ❖ Alternative House — Abused and Homeless Children's Refuge, 2100 Gallows Road, Vienna, VA 22182, 703-506-9191. www.thealternativehouse.org.
- ❖ Reston Interfaith, 11150 Sunset Hills Road, Suite 210, Reston, serving Reston and Herndon. 571-323-9555, www.restoninterfaith.org. Programs and services include the Embry Rucker Community Shelter, Emergency Food Pantry, Hypothermia Prevention Program
- ❖ SHARE of McLean seeks volunteers and donations. Checks and gift cards can be sent to: Share, Inc. PO Box 210, McLean, VA 22101. 703-284-2179. www.SHAREofMcLean.org
- ❖ LINK, serving Herndon, Chantilly, Loudoun and more, needs contributions of food, coats, plus volunteers. Email Lisa Lombardozzi at LisaLombo@signaturecos.com. 703-437-1776 www.linkagainsthunger.org
- ❖ FACETS is always in need of volunteers, and offers a variety of one-time and ongoing opportunities. People who are interested in volunteering can contact 703-865-4251 or volunteer@facetscares.org.
- ❖ Committee for Helping Others (CHO), Vienna 703-281-7614
- ❖ Fairfax City Area FISH (For Immediate Sympathetic Help), 703-222-0880
- ❖ Lamb Center, www.thelambcenter.org, Fairfax 703-691-3178
- ❖ Herndon-Reston FISH (For Immediate Sympathetic Help), 703-391-0105
- ❖ Northern Virginia Family Service, Oakton, 703-385-3267
- ❖ United Community Ministries, Mount Vernon, 703-768-7106, 7511 Fordson Road, Alexandria, 22306

LETTERS TO THE EDITOR

Bringing Home For the Holidays

Attached is a summary and photos of the Christmas party held in the Middle East for the troops to whom readers of the Mount Vernon Gazette and Alexandria Gazette Packet sent gift cards and Christmas cards. Readers donated more than 400 gift cards, candy and home-made Christmas cards to the troops thanks to 1st Lt. Emily Vernon, the Mount Vernon native who organized the event. These gifts awaited troops when they returned to base on the last convoy out of Iraq just before Christmas.

To the Editor:

More than \$3,000 in gift cards, dozens of home-baked goods, and over 100 handmade cards made this Christmas special for hundreds



One of three tables filled with over 200 gift cards that were raffled off to soldiers.

of soldiers serving overseas this Christmas season. Thanks to the generosity of families, individuals, and classrooms that sent in hundreds



An excited soldier celebrates hearing his raffle ticket called so he can receive his Christmas gift card.

SEE LETTERS, PAGE 12

Mount Vernon Gazette

www.MountVernonGazette.com

@MtVernonGazette

An independent, locally owned weekly newspaper delivered to homes and businesses.
1606 King Street
Alexandria, Virginia 22314

Free digital edition delivered to your email box
Email name, mailing & email address to goinggreen@connectionnewspapers.com.

NEWS DEPARTMENT:
To discuss ideas and concerns,
Call: 703-778-9410
e-mail:
gazette@connectionnewspapers.com

Steven Mauren
Editor, 703-778-9415
smauren@connectionnewspapers.com

Michael Lee Pope
Reporter, 703-615-0960
mpope@connectionnewspapers.com
@MichaelLeePope

Jeanne Theismann
703-778-9436
jtheismann@connectionnewspapers.com
@TheismannMedia

Steve Hibbard
Associate Editor, 703-778-9412
shibbard@connectionnewspapers.com

Jon Roetman
Sports Editor, 703-224-3015
jroetman@connectionnewspapers.com
@jonroetman

Louise Krafft
Photographer
lkrafft@connectionnewspapers.com

ADVERTISING:
For advertising information
e-mail:
sales@connectionnewspapers.com

Julie Ferrill
Display Advertising, 703-778-9446
jferrill@connectionnewspapers.com

Helen Walutes
Display Advertising, 703-224-3028
hwalutes@connectionnewspapers.com

Andrea Smith
Classified Advertising, 703-778-9411
asmith@connectionnewspapers.com

Barbara Parkinson
Employment Advertising
703-778-9413
bparkinson@connectionnewspapers.com

Debbie Funk
National Sales
703-778-9444
debfunk@connectionnewspapers.com

Publisher
Jerry Vernon
jvernon@connectionnewspapers.com

Editor & Publisher
Mary Kimm
703-778-9433
mkimm@connectionnewspapers.com
@MaryKimm

Editor in Chief
Steven Mauren

Art/Design:
Laurence Foong, John Heinly,
John Smith

Production Manager:
Jean Card
Geovani Flores

CIRCULATION: 703-778-9427
Circulation Manager:
Ann Oliver
circulation@connectionnewspapers.com

A Connection Newspaper

Coldwell Banker®

Find Your Next Home – CBMove.com/Alexandria



Follow us on:



The Williamsburg \$423,500
1276 N. Wayne Street #1105, Alexandria, VA 22301
Waverly Model, bright, spacious, views, cherry floors, cust blinds, dental moldings, gas FP, hard wired for surround sound & prof painted. Underground parking, 1 block to Clarendon Metro.
Sherry York / Clay Schoeffel 703.625.3377/703.863.3945



Belle Haven on the Green \$565,000
1789 Duffield Lane, Alexandria, VA 22307
Tired of 4 story townhouses? Open Sun 1:30-4:30PM Bright! Garage, library, eat-in kitchen, stainless appliances. Open living rm, separate dining rm, 3 BR, 3.5 BA, 2 FP! Patio! Gas heat, high ceilings. Marie Louise Meyer 703-836-2080



Rosemont \$1,400,000
208 West Walnut Street, Alexandria, VA 22301
Classic 1920 center hall colonial is the epitome of Rosemont charm. Impeccably restored with almost \$600,000 of upgrades, this pristine 3BR + 2 1/2 bath home awaits the most discriminating purchaser. Donnan C. Wintermute 703-518-6156



Want the facts about area sales, prices, inventories and trends?
We give you the info you need to make smart decisions.



Yates Garden \$728,000
421 Franklin Street, Alexandria, VA 22314
New Price Yates Garden for today. This center-hall style townhouse is the perfect blend of the traditional and contemporary. 3 bedrooms, 2 full and 2 half baths & finished lower level w/ family room and study. Jane Cole 703-598-6198



Old Town \$494,900
900 North Washington Street, #102E, Alexandria, VA 22314
New Listing Beautiful "Green" Building: 2 bedroom, 2 bath, eco-conscious Old Town Condominium home. Flooded w/natural light. Features gourmet kitchen w/Sub-Zero refrigerator plus cutting edge appliances & style. Greg Doherty 703-408-5068



Historic Old Town \$1,995,000
608 Oronoco Street, Alexandria, VA 22314
Located across from Lee's boyhood home. Exquisite 3,000+sqft, 4BR, 4.5BA. Landscaped backyard retreat, garage & 4-car parking. Spectacular addition, kitchen renovation & MBR suite. UphamRealEstate.com. Chris Upham 202-359-1308



Old Town \$650,000
416 Wilkes Street, Alexandria, VA 22314
Beautifully renovated 3BR, 2.5 bath, all brick end TH in the heart of Old Town's SE Quadrant offers new baths, updated kitchen, luxury master suite, abundant storage, private patio & more! Joy Deevy 703-930-5198



Rosemont \$839,000
1202 Russell Road, Alexandria, VA 22301
Wonderful Rosemont home with great space - 4 BR, 3 BA, hwd flrs, large eat-in kit w/island, large lot, oversized 2-car garage plus loads of extra pkg, deck, patio, & close to two Metros. Yvonne Croft 703-973-1540



River Towers \$329,000
6631 Wakefield Drive, Unit 503, Alexandria, VA 22307
Totally renovated three bedroom, 2 full bath 1362 sq ft condo with neutral decor, Parquet floors and kitchen with granite and stainless steel. Ample free parking and convenient location. Denise Davis 571-332-8531



Old Town Alexandria

310 King Street | Alexandria, VA 22314 | 703.518.8300

©2011 Coldwell Banker Real Estate LLC. Coldwell Banker®, Coldwell Banker Previews International®, and Previews® Are Registered Trademarks Licensed To Coldwell Banker Real Estate LLC.
An Equal Opportunity Company. Equal Housing Opportunity. Owned And Operated By NRT LLC. 4999WDC





LONG & FOSTER

OLD TOWN HISTORIC DISTRICT OFFICE



ALEXANDRIA

#1 LONG & FOSTER OFFICE IN VIRGINIA



Managing Broker
Bill Jourdan

JUST LISTED **OPEN SUN**

4200 Kimbree Ct
\$949,000
Updated Custom Home Near River!
Majestic brick colonial on quiet cul-de-sac in prestigious Oxford on the Potomac. Fabulous features include all brick exterior, 3 finished levels, elegant trim detail, luxurious updated kitchen and baths, multi-tiered exterior deck, oversized 2 car garage and private level backyard. Custom home in premier setting is priced to make it a truly astounding value. OPEN SUN 1/8, 1-4. GW Pkwy S, past estate; L-Ferry Landing; R-Lynnhall; L-Kimbree.

NEW PRICE! **OPEN SUN**

4002 Belle Rive Terr
\$839,900
Classic Colonial! River View!
HUGE PRICE DROP! Classic brick colonial, custom built in prestigious Belle Rive. A neighborhood of many \$1 million properties. Truly special home with many features: elegant trim detail, updated 'state of the art' kitchen, 5BR & finished lower level. Gorgeous setting on half acre grounds with view of river. Uniquely attractive home in premier location. OPEN SUN 1/8, 1-4. GW Pkwy S, L-Old Mt Vernon Rd; L-Rive Dr; R-Belle Rive Terr.

8890 McNair Dr
\$699,000
Pristine Custom Colonial!
Custom colonial in enclave of 17 homes on quiet cul-de-sac surrounded by grounds of Mt Vernon Country Club. Many fabulous features include: large room sizes, stained hardwood floors, updated kit & baths, open kitchen-family room, upgraded trim detail & custom built-ins. Spacious master suite and 2 car gar. Pristine condition!

OPEN SUNDAY 1-4
\$417,000
Alexandria South
6910 COLUMBIA DR
NEW YEAR & NEW PRICE! Newly Refinished Floors * New Paint complete this expanded 3BR/2BA Cape. West Potomac school district. Convenient to Ft Belvoir, Old Town and Reagan National Airport.
DIR: S on Ft Hunt, R on Quander, L on Columbia to 6910 on right.
Louise Devers 703.795.9944
Glenn Witucki 703.518.8708

\$354,900
Jefferson Manor
"2 BLOCKS FROM METRO"
Easy Metro access from this 3BR/2BA 3 level brick duplex! Awesome BA and lower level renovation. Features hardwoods on main and upper levels, tankless HWH, tons of storage, fenced backyard, and off-street parking!
Brad Kintz 703.519.6644

\$248,000
Savoy Park
"PRICED TO SELL!"
Sunny 2BR/1BA condo in fantastic move-in condition. Don't miss this warm home with updated BA tile, new kit counters & fresh paint. Wood floors, carpet, cat-in bar, sep dining rm, gas stove, fireplace, balcony + 1-garage space. Everything you need including: pet friendly, club house, pool, exercise/party rm, near shopping & commuter rtes.
Ben Grouby 703.362.2891

2300 Candlewood
\$569,000
Expanded Tri-Level!
Builder's own! Exceptionally large well maintained home for the money! Fabulous property in prime location featuring 4 bedrooms, bright open floor plan, finished lower level and large breakfast kitchen area. Most major rooms have been substantially expanded. Private backyard features large pool and deck. Unique opportunity!

8826 Cooper Rd
\$395,000
Country Club Views!
You won't believe this large updated rambler is available for under \$400K! Numerous features include: large 1/2 A+ lot, updated kitchen w/granite countertops & SS appli, fully updated baths, thermal windows, large family room w/high ceilings, spacious living and dining rooms, garage & oversize deck. Prime location minutes from Ft. Belvoir.

JUST LISTED

9115 Volunteer Dr
\$598,500
Large Home
CONTRACT!
Gorgeous 3/4 Acre Grounds! Rare find in Mt Vernon provides the ultimate private

\$525,000
Montebello
"ENTERTAIN!"
All the elements are in place - spacious space w/ excellent flow, large kitchen, butler's pantry, living & dining rooms PLUS family rm & den PLUS sunroom & enclosed balcony. Complete w/2 garage spaces & 2 storage units. Topped off w/Montebello's resort amenities & Metro shuttle - it's all here!
www.susanmovesyou.com
Mindy Brubaker 571.242.9913

OPEN SUNDAY 1-4
\$274,900
Seminary Walk
2702 DARTMOUTH RD #9
Top level 2 bedroom, 1 bath condo. New kitchen with granite and new bath, fresh paint, large private balcony off living room, sliding glass door, separate dining room, washer/dryer in unit.
Sheryl Lambson 703.217.7012

OPEN SUNDAY 1-4
\$699,900
Waynewood
1012 CROTON DR
5 Fin. lvs / 2,700 SF
5 New Baths, New Windows
5 New Skylights, New Roof
Dual Zone
New open Kit w/SS appls
Granite counters
Fr door's open to Florida rm off DR
200 Amps. Electrical upgrade & So MUCH MORE!
Martine Imer 703.346.7283

PRICE CUT!

1098 Sea View Ave
\$898,900
Price Slashed!
Stunning
SOLD!
Potomac riverfront home just 8 miles from Ft. Belvoir. 7,000 sq ft luxury home on gorgeous lot with sandy beach for less than

3805 Riverwood Rd
\$629,000
Check this Price!
SOLD!
Best value in prestigious Riverwood home in years! Large home just substantially updated. Fabulous

9387 Mount Vernon Cir
\$950,000
Majestic Home - Mt. Vernon on the
CONTRACT!
Potomac! Unique opportunity price - bargain on property with true estate potential in

\$599,000
Alexandria / Old Town
"JUST REDUCED"
Look up as you enter this contemporary TH's open 2-story living room . . . Or . . . travel over a suspended bridge that connects the 2BRs. The kitchen is totally remodeled w/new SSA, granite & cabs plus brick flrs that lead to a private enclosed patio. 2BR/1.5BA. This is a treat . . . come & see!
Klanci Vanderhyde 703.919.4460

\$398,900
Alexandria South
"NEW YEAR, NEW START"
Spiffy & tidy TH plus fully carpeted & hardwood floors. 3lvs/3BR w/2 walkouts to redwood deck & patio. Lg kit w/ HW. Sun shines throughout the spacious LR/DR/Kit. Garage, fireplace & washer/dryer fit nicely on lower level. Come see, come buy.
Janice Allen 703.509.0906

\$295,000
Alexandria
"REDUCED"
Quiet, well lit, sep patio & ample prkg sets this 2BR/1.5BA condo apart. Wood flrs in LR/DR, BR carpet, SS appls, stacked W/D, & gas defines the living area. Pet friendly community, pool, clubhouse, work-out rm, minutes to everything incl: BRAC-133, the location for Washington Hdqtrs Ser (WHS), Dod, Belvoir, Pentagon, Old Town & DC.
Susan Batchelder 703.919.8359

JUST LISTED

7929 Bayberry Dr
\$549,000
Spacious Home-
SOLD!
Two Car Garage! A large home in prime location with an oversize 2 car garage for under

8723 Badger Dr
\$439,000
Stunning
SOLD!
Renovation! Completely renovated model shows like new! Prime location on huge lot

NEW PRICE

1916 Shiver Rd
\$549,000
Close In Location!
SOLD!
Minutes to Old Town! NEW Better to PRICE! than new! Top bottom renovation of this fabulous 5BR, 3BA

\$700,000
Stratford Landing
"LOT ON THE WATERFRONT!"
Last great opportunity to buy affordable, buildable lot in Mt Vernon area. *1/3 acre; *99 foot water frontage on Little Hunting Creek; *soil study complete; *engineering study underway.
Leah Chapla 703.929.4875

\$279,000
Alexandria / Huntington
"NO CONDO FEE"
Invest in your future with this delightful, sunny duplex! 2BR/1.5BA home features fresh paint & gleaming wood flrs on 3 lvs. Entertain on the large deck w/built-in seating & private fenced backyard. 5 min walk to Metro & EZ access to Old Town, military bases, DC & more!
Sharon Edwards 703.408.8144

\$324,900
Arlington
"IT'S THE BEST"
Great Unit, Location & Price . . . See comps! Delightful 1BR unit w/ sunroom, wood floors & great floor plan. Features inc: secure access by key lock, pool & BBQ area. 2 underground garage spaces convy. Friendly management w/prompt resident handyman. Walk across the street to Ballston Metro, mall, restaurants, grocery, gym and so much more.
Elife Biankini 703.593.2634



#1 Long and Foster Agent in Virginia - 2009 & 2010!
CHRIS WHITE ~ 703.283.9028
www.chrisandpeggywhite.com - chris.white@longandfoster.com

400 KING STREET, ALEXANDRIA 22314
703.683.0400 ~ FAX 703.683.1303
www.OldTownAlexandria.com





eternal
med spa of lorton

\$69/month
Eternal
Spa
Membership

RESOLUTION: *beautiful skin*

- Radiant, Even Toned Skin - Free TNS Recovery Complex with purchase of 2 IPL Photofacials
- Free Uplifting Eye Serum with purchase of 25 units of Botox
- 50% Off SkinMedica Rejuvenize Peels!
- \$160 Winter Hydration Booster - Includes Dermal Repair Cream & Hydrating Complex
- 10% Off Jane Iredale Mineral Makeup

8988 Lorton Stn Blvd #103, Lorton VA • www.LortonMedSpa.com • 703.339.1214

*Restrictions may apply. Offers expire January 31, 2012

LETTERS

FROM PAGE 8

of cards and gifts, soldiers were able to enjoy Christmas, even though they were away from friends and family.

As a Company, we are a cohesive unit and enjoy our time together. However, it is difficult to enjoy the holidays when away from friends and family. Having a Holiday party boosts morale and it means even more when soldiers are reminded that there are people at home who care about their well-being. Our unit is based in North Carolina, but our soldiers live all over the United States. It touched all the soldiers to see that those living in a different state were willing to donate their time and money by sending Christmas gift cards.

During our party, we handed out raffle tickets to each soldier. After playing a rousing game of "Platoon Feud," eating a Christmas dinner of KFC, and listening to holiday music, we closed out the party with raffle prizes. Thanks to the generosity of those who responded to the November article, every single soldier was able to win a raffle prize of a gift certificate. Additionally, due to the many classrooms who took the time to create homemade greeting cards, each soldier was able to take home a Christmas card with a personal message. Soldiers of all ranks appreciated the support, the Company Commander, Major Teonnie Dotson, sends a personal message of thanks to all who supported us this holiday:

*"A Note From the Company Commander
"I would like to take this opportunity to extend gratitude to those of you who helped to make this Christmas a special occasion for those of us away from our families. It makes serving our country easier when we have the support of family, friends, and those who think of us back home. Your thoughtfulness allowed the soldiers to have a wonderful Christmas and was much appreciated.*

Thanks

MAJ Dotson

Commander

1452nd Transportation Company"

We truly appreciate your support. To those who did not provide a home address to receive a personal Thank You card from our Unit, please know that we appreciate your thoughts and support. Thanks to you, we really did have a Merry Christmas.

1LT Emily Vernon

Appreciates Article

To the Editor:

What a wonderful article ["Taking Care of the Defenseless" The Gazette, Dec. 22] about ways to help homeless animals. Thank you for highlighting such a wonderful cause.

Gina Lynch

Be Kind to Animals - Don't Eat Them

A healthy career starts here.

Now offering Medical Assisting Diplomas.

SCHOOL OF HEALTHCARE / MEDICAL ASSISTING

A medical assisting diploma will prepare you for a career in the growing field of healthcare:

- Career-focused courses train you to support doctors and nurses.
- Real-world externships give you on-the-job skills.
- Gain the satisfaction that comes from providing quality healthcare to patients.

Call today for a **career success kit** with information on careers and salaries.

WESTWOOD COLLEGE 877-789-7336 • westwood.edu

ANNANDALE CAMPUS | 7619 LITTLE RIVER TURNPIKE | SUITE 500 | ANNANDALE, VA 22003
ARLINGTON BALLSTON CAMPUS | 4420 FAIRFAX DRIVE | ARLINGTON, VA 22203
Westwood College has been certified to operate in Virginia by the State Council of Higher Education for Virginia (SCHEV).

Mount Vernon  *Community Support Independence*

At Home

MOUNT VERNON AT HOME offers peace of mind and practical solutions that enhance the independence of our members, allowing them to enjoy life, remain in their own homes and stay connected to their community.

In the past year, MOUNT VERNON AT HOME has assisted our membership by providing: 180 round trip transportation requests, 98 business referrals, 44 home technology requests, 38 home maintenance requests and over 20 personal shopping, errands and household needs. Additionally we sponsored 51 educational and social events that were attended by over 500 participants.

Learn more about MOUNT VERNON AT HOME membership and volunteer opportunities at our winter information session:

Wednesday, January 11 2:00 – 3:00 pm
Sherwood Regional Library, Sherwood Room, first floor

RSVP call 703-303-4060
or email us at info@mountvernonathome.org

 **United Community Ministries**
Fighting poverty, hunger and homelessness since 1969

UCM provides food to more than 100 hungry families every day—and we need your help to do it. Our food pantry always needs:

- Canned meat and tuna fish
- Canned soups
- Canned fruits
- Canned vegetables
- Pasta
- Rice
- Tomato sauce
- Cereal
- Oatmeal
- Macaroni and cheese
- Peanut butter
- Jelly

UCM's food pantry is located at **7511 Fordson Road, Alexandria, VA, 22306**, and accepts food donations Monday through Friday, 9 am to 5 pm and the first Sunday of every month, 9 a.m. to 1 p.m.

UCM is thankful for the generous support of the Mount Vernon Gazette.

Mount Vernon Gazette

ENTERTAINMENT

Alexandria Winter Restaurant Week Is Jan. 13-22

Some 59 restaurants offer \$35 menu.

Alexandria Winter Restaurant Week returns, Jan. 13 to 22. Some 59 restaurants throughout the city will feature a \$35 prix-fixe, three-course dinner or \$35 dinner for two. Savor the flavors of Alexandria's distinctive collection of eateries, from fine dining establishments to casual neighborhood favorites, with special offers available exclusively during the event.

Restaurant Week menus and online reservations are available on VisitAlexandriaVA.com.

This 10-day event lasts two weekends, inviting residents and visitors to experience Alexandria's diversity of restaurant choices and taste the culinary inventiveness of local chefs. Alexandria Restaurant Week was launched in 2009 and has been a hit with patrons and restaurateurs ever since. The Alexandria Convention & Visitors Association coordinates and markets the event, which is free for participating restaurants. In addition to serving as an economic driver for Alexandria restaurants, Alexandria Restaurant Week builds the Alexandria brand as it helps the city to become known as a culinary destination.

Alexandria restaurants have taken their place alongside Washington, D.C., restaurants as some of the best in the nation with *The New York Times* praising, "...the city has taken its place at the culinary table". With



both locally owned and operated neighborhood restaurants as well as nationally recognized chef-owned eateries, Alexandria is a flavorful melting pot in the truest sense.

Menus, event details, and online reservations at VisitAlexandriaVA.com or call 703-746-3301

Participants

\$35 DINNER FOR TWO

Bugsy's Pizza Restaurant & Sports Bar
Chadwicks Old Town
Chakra Café
Cheesetique
Daniel O'Connell's Irish Restaurant & Bar
Dishes of India
Duke's Bar & Grill
Faccia Luna
FireFlies
Fontaine Caffè & Creperie
The Jamieson Grille
King Street Blues
The Light Horse
Mango Mike's Caribbean Restaurant
Monroe's An American Trattoria
Murphy's Grand Irish Pub
Overwood
Pizzeria Paradiso
Pizzeria Venti
Ramparts
Red, Hot & Blue Kingstowne
RedRocks Pizza Napoletana
Savio's Restaurant
Seagar's Restaurant
Shooter McGee's
Southside 815
T.J. Stone's
Villa Di Este Restaurant

\$35 THREE-COURSE PRIX FIXE DINNER

A la Lucia
Bastille
Bilbo Baggins Restaurant
Bistro on First
Carlyle Club
Chart House Restaurant
Columbia Firehouse
DC Metro Food Tours
Delia's Mediterranean Grill
Finn & Porter
Gadsby's Tavern Restaurant
Geranio Ristorante
GRAPE + BEAN
The Grille at Morrison House
Jackson 20
Joe Theismann's Restaurant
La Bergerie
La Tasca Spanish Tapas Bar & Restaurant
Laporta's Restaurant
The Majestic
Medieval Madness
The Mount Vernon Inn Restaurant
Nina's Dandy
Phillip's Flagship
Railstop Gastropub
RT's Restaurant
Tempo Restaurant
Two Nineteen Restaurant
Virtue Feed & Grain
Warehouse Bar & Grill
The Wharf Restaurant

THEATER

Know of something missing from our Local Theater listings? Send it to arlington@connectionnewspapers.com or gazette@connectionnewspapers.com. Deadline is 2 p.m. the Thursday before publication. Call Steve Hibbard at 703-778-9412.

JAN. 6 TO 15

"Darius the Dragon & Rap-Punzel." For ages 4 and up. Presented by Encore Stage & Studio. Performances are Friday, Jan. 6 at 7:30 p.m.; Saturday, Jan. 7 at 11 a.m. and 3 p.m.; Sunday, Jan. 8 at 3 p.m.; Friday, Jan. 13 at 7:30 p.m.; Saturday, Jan. 14 at 11 a.m. and 3 p.m.; Sunday, Jan. 15 at 3 p.m. At the Spectrum Theatre at Artisphere, 1611 N. Kent St., Arlington.

JAN. 13 TO JAN. 22

"The Trials of Robin Hood." Performances 2 p.m. on Jan. 13, 15, 16, 21 and 22; at 7:30 p.m. on Jan. 13, 14, 21, 22. Tickets are \$9/online; \$10/door. Presented by Aldersgate Church Community Theater (ACCT). At 1301 Collingwood Road, Alexandria. Visit www.acctonline.org.

JAN. 13 TO 28

"Dreamgirls." Evening performances on Jan. 13, 14, 20, 21, 26, 27, 28 at 8 p.m., and a Sunday matinee on Jan. 22, at 2 p.m. Performances will be held at the Gunston Arts Center - Theater One, 2700 S. Lang Street in Arlington. Seating is General Admission; Tickets are \$20 and are available online for pre-purchase at www.DominionStage.org. Group Discounts available. Reservations can be made online or by calling 571-DS-Shows or 571-377-4637.

JAN. 13 TO FEB. 11

Jules Feiffer's "Little Murders." Show times are Thursday through Saturday 8 p.m.; Saturday/Sunday matinee at 2:30 P.M. Post-show talk-back on Jan. 19. At Gunston Theatre II, 2700 South Lang St., Arlington. Order tickets online at americancentury.org or 703-998-4555.

JAN. 14 TO FEB. 4

"The 25th Annual Putnam County Spelling Bee." Wednesday to Saturday at 8 p.m.; Sunday at 3 p.m. Presented by the Little Theatre of Alexandria, 600 Wolfe St., Alexandria. Visit www.thelittletheatre.com or 703-683-0496.



NOW THROUGH JAN. 29

"Hairspray." Weeknights and matinees on Saturdays and Sundays. Directed by Eric Schaeffer, starring national radio host Robert Aubry Davis. Tickets start at \$63. Call 703-573-SEAT or visit www.signature-theatre.org. At Signature Theatre, 4200 Campbell Ave., Arlington.

FINE ARTS



Stoneware teapot by Kim Hyo Ju of McLean.

NOW THROUGH JAN. 22

Into the Light. Works by Esther Yi and Victoria Shaheen, Curated by Amy Morton for Morton Fine Art. At the Athenaeum Gallery, 201 Prince St., Alexandria.

JAN. 12 TO FEB. 19

Fears and Phobias. Reception is Jan. 12 from 6 to 8 p.m. What does it mean to be fearful – to live and cope with a phobia? The 21 artists in the gallery's latest exhibition explore their own interpretations of various fears and phobias. At the Target Gallery at the Torpedo Factory Art Center, 105 North Union St., Alexandria. At the www.torpedofactory.org/target

JAN. 6 TO JAN. 29

Hibernation: Getting Cozy with Clay. Offers creature comforts in the form of mugs, soup bowls, teapots, casseroles and more. At Scope Gallery, 105 North Union Street, ground floor Studio 19, Alexandria. Call 703-548-6288 or visit www.torpedofactory.org/galleries/scope.

JAN. 12 TO FEB. 5

Connectivity: Threads of Community. Will showcase the works of 24 artists. Connectivity explores the many facets of connectivity artists create throughout their lives, and how these relationships relate to their work. Reception is Jan. 12 from 6 to 8 p.m. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria.



DOING THE
MOST GOODSM



Alexandria School for the Performing Arts

Classes in guitar, piano, brass, voice,
dance, percussion & drama

Classes begin January 11th

703-836-2427

Registration now open. Less than \$7/Class

I'm Phillip Norris - Your Alexandria Neighbor



...for probably as long as you've lived in Alexandria. My wife and I grew up here. I'm a finish carpenter with 30 yrs. experience.

My work is meticulous, and I take great pride in completing jobs on time, and on budget. Let me give you a quote on that home project you've been thinking about and check it off your list! My prices are reflective of the times.

Finish Carpentry & Trim Works

Licensed • Bonded • Insured • References Upon Request.

Ofc: 703.684.5215 Cell: 703.403.2994

finishcarpentry1@verizon.net

The Best in Family Dining



Food
fit for a king
on a family budget

An Alexandria community fixture for more than 100 years, the Royal Restaurant offers the best in Greek, Italian and American cuisine. Enjoy burgers, steaks, prime rib, chicken, seafood, pasta and full salad bar complete with special children's menu items.



734 North Saint Asaph Street, Alexandria, Virginia 22314

703-548-1616 • www.theroyalrestaurant.com

Award-winning wine menu • Major credit cards accepted

ENTERTAINMENT

E-mail announcements to the Gazette, gazette@connectionnewspapers.com. Photos and artwork are encouraged. Deadline is Thursday at noon for the following week's paper. Call Steve Hibbard at 703-778-9412 with questions.

FRIDAY/JAN. 6

Choral Evensong. 7:30 p.m. Grant Hellmers, Organist-Choirmaster of St. Paul's Episcopal Church, will direct the Adult Choir in Choral Evensong on the Feast of the Epiphany. Three Magi will be accepting non-perishable foods for St. Paul's Lazarus Ministry serving the needy. Music by Mendelssohn, Vaughan Williams and others. At St. Paul's Episcopal Church, 228 South Pitt St., Alexandria. Call 703-549-3312, grant@stpaulsalexandria.com.

SATURDAY/JAN. 7

Used Book Sale. Noon. At John Marshall Library, 6209 Rose Hill Drive, Alexandria.

SUNDAY/JAN. 8

Open House. 2 to 5 p.m. The Animal Welfare League of Alexandria is hosting an Open House and Thank You Party. At 4101 Eisenhower Ave., Alexandria Call 703-746-4774. Visit www.alexandriainimals.org.

"Twelfth Night: Luminous Gems." 6 p.m. A Celebration of Epiphany and the Winter Solstice. Armonia Nova, an ensemble of historical instruments and voices celebrates 10 years of Twelfth Night concerts with favorite 'gems' from past performances, early music from England, France, Spain, Germany, and Italy. Constance Whiteside, medieval/baroque harps; Yayoi Barack, early viols; Marjorie Bunday, alto; Corey McKnight, countertenor; Allison Mondel, soprano. At Christ Church, 118 N. Washington St., Old Town Alexandria. Visit www.armonianova.org or 571-482-9052

JAN. 10

NOVA Community Chorus. 7:30 p.m. Invites all interested singers to join for its Spring 2012 season. Rehearsals will start on Jan. 10. This spring the chorus will sing "When the Saints Go Marching In: A Jazz Mass" by Mark Whitmire, with the NOVA Jazz Band; "Songs of Sunset," by Frederick Delius, with the Washington Metropolitan Philharmonic and soloists Grace Gori (mezzo-soprano) and Aurelius Gori (baritone); and An American Sampler: Choruses by Samuel Barber, Leonard Bernstein, and Stephen Sondheim, to be performed in Rachel M. Schlesinger Concert Hall, Alexandria. At NVCC Alexandria campus, 3001 N. Beauregard St., Alexandria. Contact Dr. Mark Whitmire at 703-845-6097 or e-mail: mwhitmire@nvcc.edu

JAN. 10, 17, 24

Alexandria Singers Open Auditions. The Alexandria Singers, the D.C. area's adult pops chorus, is auditioning for all voice parts on Tuesday evenings, Jan. 10, 17 and 24, 6:45-10 p.m. We invite you to join us at our regular rehearsal time from 6:45-9:30 p.m. with auditions immediately following. At the Lincolnia Senior Center, 4710 N. Chambliss St., Alexandria. Contact audition@alexandriasingers.com to arrange an audition. Visit www.alexandriasingers.com.

THURSDAY/JAN. 12

Wintry Mix. 6 to 9 p.m. Cozy up at the Torpedo Factory as you enjoy a wintry celebration complete with a sweet candy buffet, Do-It-Yourself Snowflake Station, and more! Mix it up with exhibition receptions in Target Gallery for Fears & Phobias, Studio 9 and Site 2 & 3 Galleries for Connectivity: Threads of Community, and The Art League Gallery for the 2012 Solo Preview and the All-Media Membership Show. At the Torpedo Factory Art Center, 105 N. Union St., Alexandria. Visit www.torpedofactory.org; 703-838-4565.

Author Talk. 6:45 p.m. Free. Movie Night: "Captain America" (2010). At the Charles E. Beatley, Jr. Central Library, 5005 Duke Street, Alexandria. Call 703-746-1702.

JAN. 13-22

Alexandria Winter Restaurant Week. 59 restaurants offer a \$35 prix-fixe three-course dinner or \$35 dinner for two. Savor the flavors of Alexandria's distinctive collection of eateries, from fine dining establishments to casual neighborhood favorites. Participants include the Majestic, Bastille, La Bergerie, the Grille at Morrison House, Tempo, and Cheesetique. 703-746-3301. Menus and online reservations on VisitAlexandriaVA.com

JAN. 13 AND 14

"The Jungle Book." 7 p.m. Tickets are \$5. A play by Monica Flory. At Carl Sandburg Middle School Auditorium, 8428 Fort Hunt Road, Alexandria.

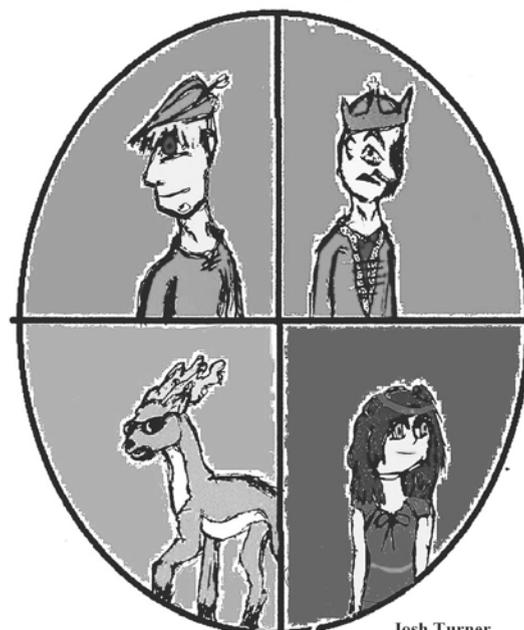
SATURDAY/JAN. 14

Used Book Sale. 10 a.m. At Kingstowne Library, 6500 Landsdowne Centre, Alexandria. Call 703-339-4610.

Broadway Night 2012. 8 p.m. Tickets are \$10/adult; \$7/ students and seniors. The evening spotlights the talents of Hayfield Middle and High School students and includes a dessert buffet. At Hayfield Secondary School Auditorium, 7630 Telegraph Road, Alexandria. Contact Walter Krushinski, Choral Director, at 703-924-7599.

Fairfax Symphony Orchestra. 8 p.m. George Mason University Center for the Arts, 4400 University Drive, Fairfax. With cellist Sergey Antonov. Haydn's Cello Concerto in C

THE TRIALS OF ROBIN HOOD



Josh Turner

JAN. 13 TO JAN. 22

"The Trials of Robin Hood." Performances 2 p.m. on Jan. 13, 15, 16, 21 and 22; at 7:30 p.m. on Jan. 13, 14, 21, 22. Tickets are \$9/online; \$10/door. Presented by Aldersgate Church Community Theater (ACCT). At 1301 Collingwood Road, Alexandria. Visit www.acctonline.org.

Major, and Shostakovich's Symphony No. 11, "The Year 1905." Free pre-concert discussion for ticket holders at 7 p.m. Tickets \$25-\$55. info@fairfaxsymphony.org.

Book Sale. 10 a.m. to 4:30 p.m. The Friends of the Beatley Library in Alexandria are holding a "Get Your Winter Fiction Fix" Book Sale. Adult Fiction only: contemporary, mysteries, romance, classics and sci-fi/fantasy. Hardcover, \$3; paperback, \$1. Sale is open to public. Library is located at 5005 Duke Street, Alexandria. Call 703-746-1702 or visit us online at www.alexandria.lib.va.us.

SUNDAY/JAN. 15

Ladies Tea. 2 to 3:30 p.m. Sip a special blend of tea from Gadsby's Tavern Museum and eat period-inspired delicacies with your 21st-century friends and Gadsby's 18th-century hostesses. Tea is \$30/person. To make reservations, call 703-746-4242 or visit www.gadsbystavern.org. At Gadsby's Tavern Restaurant, 138 North Royal St., Alexandria.

Winter Pruning of Trees and Shrubs. 1:30 p.m. Learn when to prune and how to use pruning tools to make cuts, reduce size and shape, and correct defects. Bring your own pruning tools (hand pruners, lopping shears, pruning saws) if available and dress warmly for working outside. At Ben Brenman Park, 5000 Duke St., Alexandria. To register, call 703-228-6414.

All Wood and Doors. 7 p.m. Tickets are \$18/general; \$15/advance. Special acoustic tribute to The Doors with James Lee Stanley and Cliff Eberhardt. At Church of the Resurrection, 2280 N. Beauregard St., Alexandria. Visit www.focusmusic.org or call 703-501-6061.

JAN. 15 AND 16

Used Book Sale. 9 a.m. to 5 p.m. on Jan. 15; 9 a.m. to 3 p.m. on Jan. 16. Thousands of books in many subjects (all sorted by categories), including paperbacks, trade paperbacks, hard cover, and a large collection of CDs, tapes, and record. Free admission. At Beth El Hebrew Congregation, 3830 Seminary Road, Alexandria. Call 703-370-9400.

MONDAY/JAN. 16

Family Volunteer Day. Volunteer Fairfax is calling all families with elementary school aged children to register to participate in Give Together: A Family Volunteer Day held in conjunction with Martin Luther King, Jr. Day of Service. Service projects range from giving back to homeless individuals, animals in shelters, children, hospital patients and military personnel. At Gum Springs Community Center in Alexandria. To register to participate, visit www.volunteerfairfax.org.

TUESDAY/JAN. 17

Sponsor Night. 7 p.m. The T.C. Williams Marching Titans are holding a "Sponsor Night" at the Little Theatre of Alexandria on Tuesday, Jan. 17. A 7 p.m. reception precedes the 8 p.m. curtain for LTA's "The 25th Annual Putnam County Spelling Bee". General admission tickets are \$30, including the reception. Contact the Band Boosters directly for tickets: qplguy@gmail.com or mamamiajones@gmail.com. Donations to the uniform fund can be made at tcwilliamsband.wordpress.com.

Mt. Vernon Genealogical Society. 1 p.m. Free. Speaker Sandra MacLean Clunies who will present "Countdown to 2 April 2012: Release of the 1940 Federal Census." Meets at

SEE ENTERTAINMENT, PAGE 15

WWW.CONNECTIONNEWSPAPERS.COM

ENTERTAINMENT

FROM PAGE 14



JAN. 10, 17, 24

Alexandria Singers Open Auditions. The Alexandria Singers, the D.C. area's adult pops chorus, is auditioning for all voice parts on Tuesday evenings, Jan. 10, 17 and 24, 6:45-10 p.m. We invite you to join us at our regular rehearsal time from 6:45-9:30 p.m. with auditions immediately following. At the Lincolnia Senior Center, 4710 N. Chambliss St., Alexandria. Contact audition@alexandriasingers.com to arrange an audition. Visit www.alexandriasingers.com.

Hollin Hall Senior Center, 1500 Shenandoah Road, Room 112, Alexandria. Call Phyllis Kelley at 703-660-6969 or publicity@mvgenealogy.org.

WEDNESDAY/JAN. 18

Swing Dancing. 9 p.m. to midnight. Admission is \$10. With Jimmy and the Blue Dogs. At Nick's Nightclub, 642 South Pickett St., Alexandria.

Pie Birds Discussion. 9:30 a.m. Free. Julie Ellis, the director of the Hollin Hall Senior Center, will be speaking about her collection of pie birds, some of which were collected by her mother in the 70's. These ceramic utensils were designed to prevent pie fillings from boiling over by creating a steam vent. At the Hollin Hall Senior Center, 1500 Shenandoah Road, Alexandria.

Square Dance Lessons. 7:30 to 9:30 p.m. No experience is necessary. Singles, couples and families are welcome. At the Lincolnia Center, 4710 North Chambliss St., Alexandria. Contact Nancy at 703-573-8378 or email EMAIL:tom.nancystafford@cox.net.

Author Talk. 7:30 p.m. Free. Ferris Kaplan, a GMU professor, discusses "Being a Better Consumer." At the Charles E. Beatley, Jr. Central Library, 5005 Duke Street, Alexandria. Call 703-746-1702.

THURSDAY/JAN. 19

R.E. Lee Banquet. 6:30 to 9:30 p.m. Celebrating the 205th birthday of Gen. R.E. Lee. Cost is \$75/person. At the Belle Haven Country Club, 6023 Fort Hunt Road, Alexandria. RSVP to Mr. J.J. Smith at 703 299-1725. Checks should be made out to R.E. Lee Camp #726 and mailed to 401 Wilkes St., Alexandria, VA 22314 and must be received by Jan. 18 as no payments will be accepted at the door. Visit www.leecamp.org.

Colonial Republican Women: The next meeting will be Thursday, Jan. 19 from 6:30 p.m. - 9 p.m. at the Virginia Hills Administration Center (Old Virginia Hills School), 6520 Diana Lane, Alexandria. Social time begins at 6:30 p.m., the meeting begins at 7 p.m. Contact Debbie at 703-768-1934 or dbodlander@hotmail.com

FRIDAY/JAN. 20

Historic Beer Dinner. 7 p.m. This culinary adventure pairs history-inspired beers from Yards Brewery of Philadelphia with a four-course meal. Tickets are \$85. At Gadsby's Tavern Museum, 134 North Royal St., Alexandria. Call 703-746-4242 or visit www.gadsbystavern.org.

WEDNESDAY/JAN. 25

DJ Dance Party. 9 to 11 p.m. Cost is \$6. With DJ Dabe Murphy. At Nick's Nightclub, 642 South Pickett St., Alexandria.

Potomac Harmony Chorus Open House. 7 to 9 p.m. For women and teens who like to sing. Visitors will be treated to refreshments and socializing, along with quartet and chorus demos and a group singing lesson during which everyone will learn and perform a full song. At The Hermitage Auditorium, 5000 Fairbanks Ave., Alexandria. Visit www.PotomacHarmony.org.

Author Talk. 7 p.m. Free. Local author Brooke C. Stoddard talks about his book, *The World in Balance: The Perilous Months of June - October 1940*. At the Charles E. Beatley, Jr. Central Library, 5005 Duke Street, Alexandria. Call 703-746-

1702.

Visual Tour of Civil War Alexandria. 7:30 p.m. Tickets are \$10/person. Encore Lecture by Author Wally Owen includes 3-D and rare Civil War images. See what Alexandria looked like during the Civil War through the eyes of photographers who documented it. Meet some of the people behind the lens who are responsible for Alexandria's rich Civil War photographic heritage, such as Andrew J. Russell and Egbert Guy Fowx. Tickets are available by calling The Lyceum at 703-746-4994 or through www.alexandriahistory.org. At the Lyceum, 201 South Washington St., Alexandria.

SATURDAY/JAN. 28

Archaeology Talk. 9 a.m. to 3 p.m. Friends of Fairfax County Archaeology and Gunston Hall are co-sponsoring a symposium on Mason Neck archaeology. The program includes talks by Mike Johnson, Christopher Sperling, David Shonyo, Wendy Miervaldis, Paul Inashima, and Douglas Comer. Visit the website at <http://www.gunstonhall.org/grounds/archaeology.html>.

Author Discussion. 1 to 3 p.m. Free. Author and former Chief Historian for the Fredericksburg and Spotsylvania National Military Park, Robert K. Krick, will give a free lecture on "Robert E. Lee and His Detractors in the Age of the Anti-Hero." At the Charles E. Beatley Jr. Central Library, 5005 Duke St., Alexandria. Call 703-746-1702.

Civil War Ball. 8 to 11 p.m. Live music, dance instruction and period desserts. Tickets are \$45/advance; \$50/door. Period attire, either civilian or military, is encouraged. In preparation for the ball, Civil War-era dance classes will be offered at Gadsby's Tavern Museum from 7:30 to 9:30 p.m. on Thursdays, Jan. 12, 19, and 26. Dance instruction will include the waltz, polka, Virginia reel, and more! Classes are \$12 each or \$30 for the series. Advance reservations for both the Ball and dance classes are strongly recommended. Call 703-746-4242 or www.gadsbystavern.org. At Gadsby's Tavern.

Art*iculation — Marketing Your Artwork. 1 p.m. Free. Artists need to create marketing and promotional writing, and artist's statements, to present their work. David Hazard, a 34-year veteran of talent and product development, will help you create yours. At The Art League at Torpedo Factory, 105 North Union Street, Alexandria.

FRIDAY/FEB. 3

Fridays at Grace. 7:30 p.m. Pops organ concert with Tim Smith's transcription of Saint-Saëns' "Carnival of the Animals," complete with Ogden Nash poems read by a celebrity guest. Also James Hewitt's "Battle of Trenton" with human "supertitles" just like at the opera. At Grace Episcopal Church, 3600 Russell Rd., Alexandria. Optional goodwill offering. Call 703-549-1980 or www.gracealex.org.

FEB. 3 TO 26

Love, Politics & Scrabble. The Games People Play, juried art exhibit at Del Ray Artisans, inspired by the games people play throughout life. Del Ray Artisans' opening reception is Friday, Feb. 3, 7-10 p.m. This juried show explores the numerous games people play in life, whether power, Monopoly, manipulation, poker, Angry Birds, baseball, or gossip. The community is invited to 'get their game on' at Art Games on Feb. 10 and Game Talks on Feb. 25. The exhibit and Marketplace, with artful Valentine Cards, closes Feb. 26. www.TheDelRayArtisans.org or 703-838-4827.

individualized
& personalized
attention for your
health & well-being

holistic touch
NURTURING COMPLETE WELL-BEING

Wellness
Memberships at
up to 35% savings

3 month at \$75/month, 6 month at \$65/month,
& 12 month at \$65/month plans.

Includes a choice of one each month: One hour
Holistic Touch Facial or Holistic Touch Massage,
or 2 Private Pilates, Yoga, or Personal
Training sessions. Limited time offer.

Acupuncture
Massage Therapy
Health Consulting
Skin Care
Pilates
Weight Loss
Pregnancy & Labor
Pain Management
Ear Candling
Bach Flower Consultation

309 S. Washington Street • Alexandria
703.299.0500
HolisticTouchCenter.com



FAIRFAX SYMPHONY ORCHESTRA
Christopher Zimmerman | Music Director

Next Concerts!

Saturday, January 14, 2012 • 8:00 P.M.

GMU's Center for the Arts, Fairfax

Sunday, January 15, 2012 • 3:00 P.M.

Hylton Center, Manassas

Christopher Zimmerman, Conductor
Sergey Antonov, cello



GLAZUNOV: Chant du Ménéstrel
HAYDN: Cello Concerto in C Major
SHOSTAKOVICH: Symphony No. 11, "The Year 1905"

Tickets: \$25-\$55 • Students ages 6-18 always \$5
888-945-2468

www.fairfaxsymphony.org

West Potomac Football Highlights 2011 Season

BY JON ROETMAN
THE GAZETTE

The West Potomac football team lost two of its first four games, dealt with questions about who should play quarterback and had one of its best players leave the squad for a week while dealing with family business. While the early part of the Wolverines' 2011 season provided potential for failure, West Potomac persevered instead, producing one of the best campaigns in the program's recent history.

West Potomac finished with an 8-4 record, captured a share of its first district championship since 2006 and won a playoff game before losing in the regional semifinals. After sharing quarterback duties through four games, sophomore Caleb Henderson emerged as one of the top signal callers in the region while leading West Potomac's spread offense. And after one week away from the team, senior running back Brandon Johnson returned as a weapon for a Wolverines team that averaged nearly 34 points per contest.

"I think it sets a standard," head coach Eric Henderson said of the team's performance in 2011. "I think it's a bar that we've met. The kids know they can achieve that standard. I fully expect a great offseason."

After starting 2-2, West Potomac won six of its next seven games, losing only to eventual region runner-up Westfield. Along the way, the Wolverines went 6-1 in the Patriot District and finished in a three-way tie for first with South County and Lake Braddock. West Potomac also stomped Concorde District foe Chantilly 35-7 in the opening round of the playoffs.

On Nov. 18, the Wolverines got a second crack at Westfield in the region semifinals. While West Potomac fell short, the Wolverines' 34 points were more than any other opponent scored against the Bulldogs all season.

According to stats from the Washington Post's Website, Caleb Henderson passed for more than 2,400 yards and 23 touchdowns and rushed for more than 500 yards and four scores during his first varsity season.

NEW YEAR'S RESOLUTIONS

Mount Vernon head field hockey coach Jessica Hebel

What is your New Year's resolution?

My personal New Year's Resolutions are: a) to be more organized and b) speak Spanish fluently by the end of 2012.

What were the most significant happenings of 2011 for you in your community?

In the Mount Vernon Community, losing Jeff Todd was a extremely sad event for all of us. He was a humble, generous, and active community leader who touched many lives in the area, especially those at Mount Vernon High School and Washington Mill Elementary School.

I think the natural disasters of 2011, in particular the flood late summer and the tornados in spring affected our communities greatly. During the tornados that hit southern Virginia and Tuscaloosa, Ala. many members in our

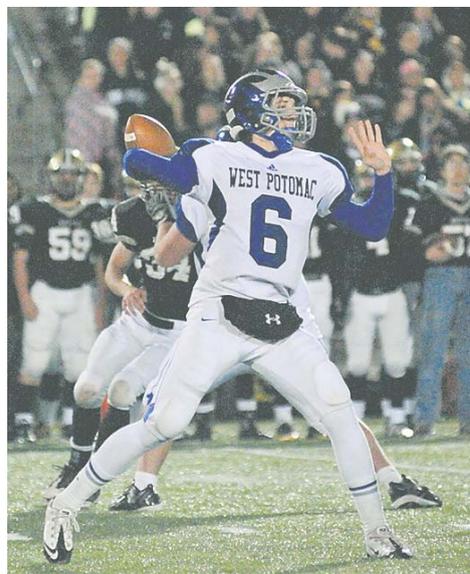


PHOTO BY RICHARD MAPLE

Sophomore quarterback Caleb Henderson led the West Potomac football team to a share of the 2011 Patriot District championship.

Sophomore receiver DeMornay Pierson-El, also part of a bright West Potomac future, showed off his skills in a game against T.C. Williams, catching five passes for 168 yards and three touchdowns while also returning a kickoff 99 yards for a score.

"We [experienced] a tremendous amount of adversity and the kids motored through it and kept winning," Eric Henderson said. "It's a testament to them."

WOLVERINES TAKE THIRD AT STATE XC MEET

While the West Potomac girls cross country team didn't feature a standout harrier competing for individual titles during the 2011 season, the Wolverines' pack-running approach earned them Patriot District and Northern Region championships and a third-place finish at the state meet.

West Potomac knocked off nearly every team in its path, accomplishing goal after goal en route to a podium finish at states. Seniors Sarah Jane Underwood and Dale Lescher performed consistently well throughout the year. Seniors Sami Miller

community banded together to collect donations for families in need and get supplies down to Ala. Many of those who supplied clothing donations were children from our elementary schools and their families. And when we had the huge flood here in September, many families had damage to their homes and were taken in by family and friends. I personally was caught driving in the flood and I can say, I was scared and definitely not prepared for the situation. I was thankful that the radio stations covered the situation well and I was informed by them what to do.

And I got married in 2011, it's not a community event, but it was a big deal for me!

What do you think residents should know to watch for in the coming year?

This is a tough one, in this area especially with a large population of government employees and military families, the presidential election will be a significant event of 2012 for us as well as for the whole country.



PHOTO BY CRAIG STERBUTZEL/THE GAZETTE

Dale Lescher helped the West Potomac girls cross country team to Patriot District and Northern Region championships, along with a third-place finish at states.

and Colleen Boyle, juniors Sophia Passacantando and Lauren Price and sophomore Katie Genuario also competed for the Wolverines.

WEST POTOMAC'S MANIGLIA SUFFERS HEARTBREAKING LOSS

With the Patriot District softball title up for grabs, West Potomac pitcher Morgan Maniglia shut out South County for 11 innings, a performance that on nearly any other day would have led to her team receiving a championship banner. On May 23, however, South County pitcher Rebecca Martin was a little bit better.

The Stallions defeated the Wolverines 2-0 in 12 innings to capture the district crown. Maniglia threw 155 pitches, 104 for strikes. She allowed two unearned runs and three hits in 12 innings while walking two, hitting two batters and striking out nine. Un-



PHOTO BY JON ROETMAN/THE GAZETTE

West Potomac pitcher Morgan Maniglia suffered a tough-luck loss in the 2011 Patriot District championship game.

fortunately for Maniglia, West Potomac managed just one hit against Martin.

"I was definitely in the zone the entire game," Maniglia said. "I knew I could go five more innings after that. ... I wasn't about to give up."

Head coach Craig Maniglia, Morgan's father, said it would have been fun to watch the pitching duel from a fan's point of view.

"From a fan's perspective, you like to see a lot more runs, but there's nothing like being in a game where if anything goes wrong it decides a victory," he said. "It puts the pressure on the kids and you find out if the kids can handle the pressure. ... I thought [Morgan] got stronger and stronger as the game went on. [Her] fastball got faster, concentration got harder. It was quite interesting. ... I would have liked to watch it" as a spectator.

West Potomac reached the final eight of the Northern Region.

SPORTS BRIEFS

WP Basketball Improves to 8-2

The West Potomac boys basketball team defeated Annandale 51-46 on Jan. 3 to improve to 8-2, including 2-1 in the Patriot District. Bryant Fultz scored 20 points and grabbed seven rebounds against the Atoms.

During the holiday break, West Potomac won the George Long Holiday Tournament at Wakefield High School for the second consecutive season. The Wolverines defeated South Lakes in overtime on Dec. 27, beat John Paul the Great on Dec. 28 and knocked off Wakefield in the Dec. 29 championship game.

Fultz was named tournament MVP and was part of the all-tournament team, along with fellow Wolverines Brandon Pressley and Randall Brobbey. Fultz scored 27 points and grabbed 15 rebounds against South Lakes, finished with 22 and 14 against John Paul the Great and scored eight points against Wakefield. Tamaric Wilson scored a team-high 17 points in the title game.

West Potomac will travel to face Woodson at 7:30 p.m. on Friday, Jan. 6.

Spring Softball

NVGSA will soon open the online registration for the 2012 Spring season (www.nvgsa.org). Registration can also be completed at its table during the West Springfield Little League registration from 10 a.m. to 2 p.m., on Jan. 7, 14 and 21 at Keene Mill Elementary School, 6310 Bardu Avenue.

NVGSA offers both House and Select levels of play for girls ages 5-18. NVGSA offers spring, summer (ad hoc teams) and fall softball, and free winter clinics to help girls advance individual and team skills. NVGSA offers 8U, 10U, 12U and 18U levels of house softball and the opportunity to try out for select and travel teams. Registration fees are \$80 for 8U softball, \$95 for 10U and \$110 for 12U and 18U softball.

Practice will begin in mid-March, games in mid-April and the season ends in early June. All-Stars will be selected and compete in a Fairfax County All-Star tournament in mid-June.

Questions regarding registration or NVGSA in general, visit www.nvgsa.org or contact NVGSAsoftball@yahoo.com.

OPINION

What's Ahead for Legislators

Budget shortfalls, redistricting, uranium and social issues.

BY SCOTT A. SUROVELL
DELEGATE (D-44)

On Jan. 11, the newly-elected Virginia General Assembly convenes for a 60-day, "long" session. I expect it to be a contentious one.

The "money committees" estimate that Virginia faces a \$1 billion shortfall due to many factors including the end of federal stimulus dollars, Virginia's sluggish economy, constitutionally-required contributions to Virginia's "rainy day fund," required payments to the Virginia Retirement System because of no payments last year, and inflation. Despite the shortfall, the Governor has proposed several hundred million dollars of new initiatives to be funded with cuts to low-income preschool programs, Northern Virginia teacher salary supplements, other secondary education funds, and health care for children and seniors.

Congressional redistricting will also be an early battle. Redistricting was not completed in 2011 as required by the Virginia Constitution. The legislature's leadership will likely try to pass new gerrymandered districts which will head to the courts.

The Virginia Retirement System (VRS) is now underfunded by \$20 billion. Our entire two-year General Fund Budget is about \$35 billion. This results from last session's failure to make a \$690 million contribution to the retirement system, a stagnant stock market and the General Assembly's failure to follow the VRS's Trustees' recommendations in 14 of 16 years. Some legislators believe we should switch to a 401k-style pension. I believe we should continue and fund our existing pension system.

The media has spotlighted legislation to lift Virginia's uranium mining moratorium which dates from the early 1980s. I am still strongly leaning against lifting the moratorium. I am not convinced that uranium mining can be done safely in Virginia or that the risk of permanently damaging the drinking water source for one-seventh of Virginia's population is worth creating about 400 jobs in one area of the state.

Finally, with the likely change of party control in the state Senate, from Democratic to Republican, we

expect to see a slew of social agenda bills. The first bill already filed in the House of Delegates would give a fetus the rights of a human being. Bills have been filed to allow college professors to carry weapons, authorize unregulated "Made in Virginia" firearms, repeal Virginia's "one gun a month" purchase limit, increase state law enforcement's involvement in federal immigration enforcement and limit people's right to vote. I have a number of bills that I will carry and will discuss in my next column.

YOUNG LEADERS NEEDED

I am seeking applications for the Amundson Institute (formerly Young Leaders Program). Anyone who is a high school junior or senior and lives in the 44th District is eligible. Young Leaders come to Richmond for two days to see how the legislature operates. They meet policymakers, shadow me during committee meetings and floor sessions and present a project on state government. It is a very rewarding experience. Information on the applications and the boundaries of the 44th District are on my website or my blog, www.scottsurovell.org.

SESSION PREVIEW

ISSUES SURVEY

The people of my district will soon receive my issues survey. Please return a copy or save a stamp and complete a more comprehensive survey online at www.scottsurovell.org/survey. It is critical that I hear the views and suggestions of the people of the 44th District. You can also always email feedback to me at scottsurovell@gmail.com or provide through my website. As always, you can also read more about my views and work on your behalf on my blog, "The Dixie Pig" - scottsurovell.blogspot.com - where I have posted over 260 articles over the last two years.

I encourage you to visit me in Richmond to share your concerns and see the legislature in action. Let us know if you are coming and we can schedule a tour of our historic State Capitol. Also, please give me your suggestions for commending resolutions for important community organizations, events or citizens over the coming year.

TOWN MEETING

On Saturday, Jan. 14, at 10 a.m., I will host a Town Hall Meeting with Sen. Toddy Puller and Sen. Adam Ebbin at the Mt. Vernon Government Center, 2511 Parkers Lane, Alexandria, to get your input and questions. Thank you for the opportunity to serve. It is an honor to be your state delegate.



Ring in 2012 with a slimmer waist line!

7 DAY FREE PASS

The Best Kept Secret in Alexandria for Tennis, Fitness and Fun!

MOUNT VERNON ATHLETIC CLUB
WWW.MTVAC.NET | 703-360-7300

What makes ACDS special?

Come find out!
OPEN HOUSE
Jan. 12



ALEXANDRIA
COUNTRY DAY SCHOOL
2400 Russell Road
Alexandria, VA 22301
703-548-4804

info at acdsnet.org

Say Grace

For more than half a century, families have said "Grace is the place for my child."

Grace Episcopal School

Alexandria, Virginia
Preschool - Grade 5



- Challenging Academics with a 6:1 Student-Teacher Ratio
- Spanish beginning in Junior Kindergarten
- Music, Drama, Studio Art, and Integrated Technology
- Before and After School Programs
- Character Development and Community Service
- Affordable Tuition and Financial Aid

OPEN HOUSE - January 19
9:30 - 11:30 a.m.
Call 703-549-5067 or visit www.graceschoolalex.org

Local BUSINESSES Support the COMMUNITY

- \$60,000 donated for local high school scholarships
- Thousands of dollars given to local charities
- Commercial taxes support schools and public services

SUPPORT LOCAL BUSINESSES!
Money spent at local businesses stays in the community.
Your Bucks Shop Here!

For special local business discounts please visit
www.BuyMountVernon-Lee.com

Mount Vernon-Lee
CHAMBER OF COMMERCE



BUSINESS OPP **BUSINESS OPP**

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

TELEPHONE
A great opportunity to
WORK AT HOME!
NATIONAL CHILDRENS CENTER
No sell! Salary + Bonus + Benefits!
301-333-1900
Weekdays 9-4

BEST CHILDCARE JOBS!
F/T, P/T, On-Call, Top Salaries
No Fees, Must be 21, Legal & Drive
References Req'd
703-838-2100
White House Nannies, Inc

Experienced NANNIES
F/T & P/T. Contact **Nanny Next Door**
at 703-310-6711 or
kristy@nannynextdoor.com

HOUSE CLEANERS NEEDED
1. Must be eligible to work in the U.S.
2. Must speak English
3. Good driving record
4. Weekends OFF
Call: **703-538-3570**, to schedule
appointment.

Technicians
Service Division seeking EXPERIENCED HVAC Service Technicians, 5-years min. experience in COMMERCIAL HVAC service and trouble-shooting. Valid driver's license with clean driving record a must. Top pay and solid benefits package. Please fax or e-mail resume to (301) 831-4044, hr@tylerco.com

Registered Nurses
Be a part of an exciting opportunity as a Registered Nurse to use your talents and skills to provide nurse case management for persons with intellectual/developmental disabilities. As a member of an interdisciplinary team, you will work collaboratively to design health care plans across the continuum for services appropriate to health needs.
The Northern Virginia Training Center,
9901 Braddock Rd, Fairfax, VA 22032-1941. Phone: (703) 3232-4012
www.nvtc.dbhds.virginia.gov

REAL ESTATE CLASSES
Interested in a career in real estate but not sure if this is right for you? Have questions about what to expect? Do you wonder if the stories of 6 figure incomes are really true? Pick up the phone and give Maxine a call at 703-836-1464 to learn more or register today.
Prudential PenFed Realty
300 N. Washington Street, Suite 100
Alexandria, VA 22314

Educational Internships
Unusual opportunity to learn many aspects of the newspaper business. Internships available in reporting, photography, research, graphics. Opportunities for students, and for adults considering change of career. Unpaid. E-mail internship@connectionnewspapers.com
THE CONNECTION
NEWSPAPERS

CLEANING **CLEANING**

CARE MORE CLEANING SOLUTIONS
Residential & Commercial
10% Senior Citizen Discount
703-862-5904
OR
703-780-6749
caremorecleaning.com

ELECTRICAL **ELECTRICAL**

K&D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated
Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabeling
Service Upgrades
Hot Tubs, etc...
Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522

GUTTER **GUTTER**

AFFORDABLE QUALITY ROOFING & GUTTERS
Repair, Replace, Local Refs.
703-794-8513

GUTTER CLEANING
Gutters and Downspouts Cleaned • Small Repairs • Gutter Guards
LEAF REMOVAL
PINNACLE SERVICES, Inc.
"Friendly services for a friendly price"
703-802-0483 • Free Estimates
Email: jamie@lawnsandgutters.com
Web: lawnsandgutters.com
Lic • LAWN MOWING, SODDING, MULCHING, Yardclean-up • Ins.

IMPROVEMENTS **IMPROVEMENTS**

R&N Carpentry
♦BASEMENTS ♦BATHS ♦KITCHENS
Foreclosure specialist/Power washing
♦Exterior Wood Rot More!
Deck & Fence repair, Screen Porches
No jobs too large or small
Free est. 37 yrs exp. Licensed, Insured
703-987-5096

M. C. Lynch Home Improvement
Family Owned & Operated
Rotten Wood, Wind Damage, Trims, Windows, Doors, Deck, Stairs, Vanity, Basement Framing, Garbage Disposal, Painting, Power Wash, Siding Repairs.
Licensed, Bonded, Insured
703-266-1233

The HANDYMAN
A DIVISION OF NURSE CONSTRUCTION
BATHROOM REMODELING, DRYWALL, PAINTING, CERAMIC TILE, CARPENTRY, POWER WASHING & MUCH MORE
You have tried the rest - NOW CALL THE BEST!!
Proudly serving Northern VA - 46 yrs. exp.
Licensed Insured
We Accept VISA/MC
703-441-8811

EDUCATION TRAINING

Pharmacy Technician Trainees Needed Now!
Pharmacies now hiring. No experience? Job Training & Placement Assistance Avail.
1-877-240-4524
CTO SCHEV

DENTAL ASSISTANT TRAINEES NEEDED NOW!
Dental Offices now hiring. No experience? Job Training & Placement Assistance Avail.
1-800-381-1734
CTO SCHEV

MED BILL & CODING Trainees NEEDED NOW
Medical Offices now hiring. No experience? Job Training & Placement Assistance Avail.
1-800-385-2615
CTO SCHEV

Part-Time Project Manager
The American Psychiatric Nurses Association is seeking someone to work part-time (24 hours per week with flexible schedule) in support of the association's various projects. The successful candidate will have a working knowledge of Microsoft Office products, excellent writing skills, be internet savvy, and possess project management skills. This position is located at our headquarters in Arlington, VA, two blocks from the Rosslyn Metro Station. We offer a relaxed dress code and work environment as well as a competitive salary.
E-mail cover letter, resume & salary history to Karla Lewis at klewis@apna.org.

HOW TO SUBMIT ADS TO THE CONNECTION Newspapers & Online CLASSIFIED

DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Andrea @ 703-778-9411

EMPLOYMENT

DEADLINES
Zones 5, 6.....Tues @ 11:00
Zones 1, 3.....Tues @ 4:00
Zone 2.....Wed @ 11:00
Zone 4.....Wed @ 1:00
E-mail ad with zone choices to: classified@connectionnewspapers.com or call Barbara @ 703-778-9413

ZONES

| | |
|--|--|
| Zone 1: The Reston Connection The Oak Hill/Herndon Connection | Zone 4: Centre View North Centre View South |
| Zone 2: The Springfield Connection The Burke Connection The Fairfax Connection The Fairfax Station/Clifton/Lorton Connection | Zone 5: The Potomac Almanac |
| Zone 3: The Alexandria Gazette Packet The Mount Vernon Gazette | Zone 6: The Arlington Connection The Vienna/Oakton Connection The McLean Connection The Great Falls Connection |

FIREWOOD

FIREWOOD
Mixed Seasoned Hardwood
\$130 half cord
\$220 full cord
Call Joe at
301-856-4436
301-602-9528 Cell

GUTTER

LAWN MOWING
LAWN MOWING, TRIMMING, EDGING,
SODING, MULCHING, LEAVES,
GUTTER CLEANING, YARD CLEANUP

PINNACLE SERVICES
"Friendly services for a friendly price"
703-802-0483
Lic. Free Est. Ins. email: jani@pinnaclegutters.com web: lawnsandgutters.com

HAULING

ANGEL'S TRASH REMOVAL
•Junk & Rubbish •Furn.,
Yard, Construction
Debris • Garage &
Basement Clean Up

703-863-1086
703-582-3709
240-603-6182

AL'S HAULING
Junk & Rubbish
Concrete, furn., office,
yard, construction debris
Low Rates NOVA

703-360-4364
703-304-4798 cell

7 DAYS A WEEK

LANDSCAPING

ANGEL'S LAWN MOWING
•Trimming •Leaf & Snow
•Removal •Yard Clearing
•Hauling •Tree Work

703-863-1086
703-582-3709
240-603-6182

LAWN SERVICE

PAINTING

PATRIOT PAINTING
www.PatriotPainting.net
Wallpaper Removal,
Carpentry,
Power Washing,
Int/Ext Painting

Free Est. • Satisfaction Guar!
Lic./Ins. Int./Ext.

703-502-7840
Cell
571-283-4883

ROOFING

Falcon Roofing
Roofing & Siding
(All Types)

Soffit & Fascia Wrapping
New Gutters
Chimney Crowns
Leaks Repaired
No job too small

703-975-2375
falconroofinginc.com

TREE SERVICE

ANGEL'S TREE REMOVAL
Brush & Yard Debris
Trimming & Topping
Gutters & Hauling

Angeltreeslandscaping-hauling.com
703-863-1086
703-582-3709
240-603-6182

LAWN SERVICE

J.E.S Services
LANDSCAPE & CONSTRUCTION

- Patios • Walkways
- Retaining Walls
- Drainage Problems
- Landscape Makeovers

Call: 703-912-6886
Free Estimates

ALEXANDRIA
Gazette Packet CLASSIFIED

Classified or Home • Lawn • Garden:
703-917-6400

Employment: 703-917-6464

classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

Employers:
Are your recruiting ads not working in other papers?
Try a better way to fill your employment openings



- Target your best job candidates where they live.
- Reach readers in addition to those who are currently looking for a job.
- Proven readership.
- Proven results.

THE CONNECTION
to your community

703-917-6464
classified@connectionnewspapers.com

Great Papers • Great Readers
Great Results!

26 Antiques

We pay top \$ for antique furniture and mid-century Danish/modern teak furniture, STERLING, MEN'S WATCHES, jewelry and costume jewelry, paintings/art glass/clocks.
Schefer Antiques @ 703-241-0790.
Email:theschefers@cox.net

102 Instruction

12 Commercial Lease

Office Space for Lease in Oakton. Approx. 800sf Avail Immediately. 703-820-2500

110 Elderly Care

SENIOR & DISABLED CARE
Licensed CNA, Home Health Aide. 20 yrs of exp. FT/PT available. Light housekeeping, transportation, errands. Pls call Corrinne White-Warren at 703-862-1060

102 Instruction

Tutoring Available in the Northern Virginia Area
Dean's List College Graduate with Years of Experience.
Accounting/Finance Degree
All Ages and Grades Considered
Math, Spanish, English
\$35/hour
Call Hal @ (703)864-6616

Now! Complete Print Editions Online!

The full print editions of all 18 Connection Newspapers are now available on our Web Site in PDF format, page by page, identical to our weekly newsprint editions, including print advertising. Go to www.ConnectionNewspapers.com and click on "Print Editions."



21 Announcements 21 Announcements 21 Announcements

VDOT Virginia Department of Transportation

I-395 HOV/Transit Ramp Seminary Road City of Alexandria

Citizen Information Meeting and Design Public Hearing

Wednesday, January 25, 2012, 7 – 9 p.m.
Francis C. Hammond Middle School
4646 Seminary Road, Alexandria, VA 22304
(If the school is closed due to inclement weather, meeting will be February 1, 2012, 7 – 9 p.m.)

Find out about the proposed major design features and draft environmental assessment for the I-395 HOV/transit ramp to Seminary Road.

In compliance with the National Environmental Policy Act (NEPA) and 23 CFR Part 771, a draft environmental assessment is being prepared. Information concerning the potential effects of the proposed improvements on properties listed in or eligible for listing in the National Register of Historic Places will be included in the environmental document in compliance with the National Historic Preservation Act, Section 106 and 36 CFR 800. The draft environmental document, including other environmental information, will be made available for public review and comment.

Review project information at www.vamegaprojects.com, at the public hearing, or at VDOT's Northern Virginia District Office at 4975 Alliance Drive in Fairfax. Please call ahead at 800-FOR-ROAD (800-367-7623) or TTY/TDD 711 to ensure appropriate personnel are available to answer your questions. Property impact information and relocation assistance policies are available for review at the above address and will be available at the public hearing.

Give your written or oral comments at the hearing or submit them by February 10, 2012 to Robert Iosco, Environmental Engineer at the VDOT District Office address above. You may also e-mail comments to meeting_comments@vdot.virginia.gov. Please reference "I-395 HOV/Transit Ramp" in the subject line.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights Division at the above phone numbers.

State Project: 0095-100-722, P101; UPC 96261
Federal Project: NH-000S (218)

21 Announcements 21 Announcements 21 Announcements

BRANCH OUT

Reach new customers when you advertise through Virginia Press Services' STATEWIDE DISPLAY AD NETWORK!

Place your business card-size ad in more than 65 statewide newspapers and your message will reach more than 500,000 Virginians.
CONTACT THIS NEWSPAPER or Adriane Long, Virginia Press Services, 804-521-7585 or adrianel@vpa.net.



For a limited time,
0% APR
financing for 60 months.

0% APR FOR A LIMITED TIME ON SELECT NEW TOYOTAS WITH APPROVED TIER1+ CREDIT THROUGH TFS. NOT IN CONJUNCTION WITH OTHER OFFERS. EXCLUDES \$379 DEALER DOC FEE. EXPIRES 1/31/2012.

ALEXANDRIATOYOTA.COM
TOLL-FREE: 1 866-616-8420



0% APR
FINANCING ON
SELECT NEW MODELS⁴

UP TO **\$1500 OVER**
BLACK BOOK FAIR
VALUE FOR YOUR
TRADE-IN!¹



ToyotaCare
2 YEAR COMPLIMENTARY
MAINTENANCE PLAN
WITH ROADSIDE ASSISTANCE²
ON EVERY NEW VEHICLE

COVERS 2 YEARS OR 25K MILES, OIL & FILTER,
TIRE ROTATION, MULTIPOINT INSPECTION

BRAND NEW 2011 TOYOTA

PRIUS

0% APR FINANCING
FOR 60 MO. OR \$1,000 CASH



0% APR FOR A 60 MONTH TERM ON SELECT NEW TOYOTA PRIUS WITH APPROVED TIER1+ CREDIT THROUGH TFS. \$1,000 CUSTOMER CASH AVAILABLE WHEN FINANCED THROUGH TFS. NO IN CONJUNCTION WITH OTHER ADVERTISED OFFERS. EXCLUDES \$379 DEALER DOC FEE.

BRAND NEW 2011 TOYOTA

COROLLA

SIGN & DRIVE
\$0 DUE AT SIGNING
\$249 PER MO.



INCLUDES TAX, TAGS, FREIGHT, \$379 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36 MO. LEASE W/12K MILES PER YEAR.

ALL NEW 2012 TOYOTA

CAMRY

SIGN & DRIVE
\$0 DUE AT SIGNING
\$299 PER MO.



INCLUDES TAX, TAGS, FREIGHT, \$379 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36 MO. LEASE W/12K MILES PER YEAR. EXAMPLE CAMRY L.

BRAND NEW 2011 TOYOTA

RAV4

SIGN & DRIVE
\$0 DUE AT SIGNING
\$299 PER MO.



INCLUDES TAX, TAGS, FREIGHT, \$379 PROCESSING FEE, ACQUISITION FEE AND \$0 SECURITY DEPOSIT. 36 MO. LEASE W/12K MILES PER YEAR.



- 7 Yr. / 100K Mi Roadside Assistance Plan
- 160 Point Quality Assurance Inspection
- CARFAX Vehicle History Report

- 2.9% APR Financing Available (3).
- 3 mo. / 3K mi Comprehensive Warranty
- 7 Yr. / 100K Mi Limited Powertrain Warranty

(1)BASED ON BLACK BOOK FAIR TRADE VALUE MINUS CONDITION, MILEAGE AND RECONDITIONING. TOWARD THE PURCHASE OF A NEW TOYOTA VEHICLE. (2)WITH PURCHASE OF A NEW VEHICLE. COVERS NORMAL FACTORY SCHEDULED SERVICE. PLAN IS FOR 2 YEARS OR 25K MILES, WHICHEVER COMES FIRST. THE NEW TOYOTA VEHICLE CANNOT BE PART OF A RENTAL OR COMMERCIAL FLEET, OR A DELIVERY OR TAXI VEHICLE. SEE PARTICIPATING TOYOTA DEALER FOR DETAILS. (3)WITH APPROVED CREDIT ON SELECT MODELS THRU TFS. SEE DEALER FOR COMPLETE FINANCING DETAILS. CANNOT BE COMBINED WITH ANY OTHER ADVERTISED OFFER. OFFERS SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION DUE TO MANUFACTURER CHANGE IN INCENTIVES. SEE DEALER FOR COMPLETE CAMPAIGN DETAILS. 0% APR FOR A LIMITED TERM ON APPROVED TIER1 + CREDIT THRU TFS. DEALER RETAINS ALL FACTORY REBATES AND INCENTIVES. (4)PRICE EXCLUDES \$379 DEALER DOC FEES. EXPIRES 1/31/2012.

Jack Taylor's
ALEXANDRIA
TOYOTA / SCION
3750 JEFFERSON DAVIS HWY
ALEXANDRIA, VA 22305

"QUOTE"
See what people
are saying about
Alexandria Toyota!

"I gave this dealership a great rating because it was the greatest experience I have ever had at a dealership. John McMillan was exceptional as a salesman. He was able to answer every question and he made me feel like I was special as a buyer. It was truly a great experience and again I cannot say enough about John McMillan, he is truly an asset to Alexandria Toyota."

— Dealerrater Quote



4.9 / 5 RATING